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# Analysis of Risk Factors Occurrence of Juvenile Delinquency Behavior

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## Introduction

Now a days juvenile delinquency is increasing in terms of number and type. Delinquency and criminality among teenagers are generally categorized as deviant behavior in society and can be interpreted as a form of teenage resistance to normative rules and values that apply in society. Many risk factors are related to deviant behavior.

**Objective:** This study aimed to analyze the risk factors that influence the occurrence of juvenile delinquency.

**Method:** This study used a cross-sectional design and a simple random sampling technique. The calculation results involved 295 samples. The independent variables were individuals, families, school environments, peer groups, coping mechanisms, lifestyles, and technologies. The dependent variable was juvenile delinquency. The data was collected using a questionnaire. The analysis used a multiple linear regression test with a significance level of  $\alpha \leq 0.05$ .

**Results:** Of the seven variables, six of them significantly influence juvenile delinquency. Technology is the variable that has the greatest influence on the occurrence of teenager wear.

**Conclusion:** Technology is the most influential factor. These results indicate a significant shift in the causes of juvenile delinquency from family and peer factors to technological factors. This is quite reasonable because technology is a major need and is a trend for teenagers at this time.

**Keywords:** Risk factors, delinquency, juvenile.

## Introduction

Juvenile delinquency has occurred since the early 19th century and has become a world problem, including in Indonesia. Juvenile delinquency is included in social disorders and now the incidence rate continues to increase<sup>1</sup>. Delinquency and crime among teenagers are generally categorized as deviant behavior in society. These behavioral deviations can be interpreted as a form of teenage resistance to normative rules and values that apply in society<sup>2</sup>. Juvenile delinquency is one form of mental health disorder in the community, which directly or indirectly can affect the degree of mental health of the community. Short-term impacts can be dangerous directly to safety teenagers and groups themselves. Fights, brawls, speeding will potentially lead to injury and possibly even death. Narcotics can threaten their

lives and society, potential free sex behavior for sexually transmitted diseases, and other harmful effects. The long-term impact is the threat of future loss so that they cannot take part in the development of the nation and state. This is not in line with the expectation that teenagers are the spearhead of development and the next generation of the nation<sup>3</sup>.

Adolescence is a period of transition from childhood to adulthood that is full of responsibility, where they are required to be able to adapt to these changes<sup>4</sup>. Adaptation failure will lead to problems and behavioral disturbances in the future. This is relevant to coping mechanisms owned by individuals because coping mechanisms are a measure of the ability of teenagers to solve problems.

Furthermore, the factors that play a role in juvenile

delinquency are actors who originate from their own teenagers or individual factors. Individual factors are internal factors that are related to the abilities and abilities of individuals in running their roles and social activities. Factors that also act as risk factors for juvenile delinquency are family. This family factors related to the attitudes and habits of parents in educating and caring for children, including how parents in facilitating the economic needs of the child, personal communication patterns and proximity (bonding)<sup>4,5</sup>. The next external factor is the school environment and peer groups. School factors that become a risk factor for juvenile delinquency, related to various things that exist in the school environment include child relationships with teachers and peer group, the presence of children in school, and adherence to school rules. For peer group factors which are risk factors for juvenile delinquency is the frequency of children seeing exposure to harmful substances, both directly seeing and seeing events in the mass media. Included also in peer group factors are attitudes and relationship patterns<sup>5</sup>.

Technology use today also play a role in the occurrence of delinquency. Incorrect use of technology can have the effect of deviating behavior including violence, theft, and so on. Research shows that playing violent video games correlates with the occurrence of aggression in juvenile delinquents imprisoned<sup>6</sup>. Another factor that contributes to juvenile delinquency is a lifestyle. Changes in lifestyle due to environmental differences in the past and present will affect psychological well-being. Individuals who are not able to adapt to these lifestyle changes will lead to welfare problems<sup>7</sup>. A bad lifestyle has the potential to trigger juvenile delinquency. Based on the background above, it is necessary to analyze various risk factors that play a role in juvenile delinquency. The purpose of the study was to analyze risk factors that influence juvenile delinquency.

## Materials and Method

**Design:** This type of research was observational with a cross-sectional design<sup>8</sup>.

**Population and Samples:** The population was all teenagers aged 12-19 years. The number of samples was 295 teenagers who attended schools in Malang City, East Java - Indonesia, and teenagers who were undergoing coaching in class I LPKA Blitar City.

**Procedures:** After getting permission, followed by

retrieval of data that begins with providing explanations and informed consent to students as respondents with parents and or teachers representing parents, as well as to teenagers in LPKA with prison providers or parents. To provide explanations and request parental consent through telephone contact or direct interaction.

**Instrument:** Data collected using questionnaire that has been tested for validity and reliability. The instrument was developed referring to the Juvenile Counseling and Assessment Program Model (JCAP Model) as risk factors including the factors the individual, family, school, and peer group, coping mechanisms, lifestyle and technology<sup>4,5,7,9-11</sup>. Juvenile delinquency instruments were developed based on theory<sup>3,12,13</sup>.

Respondents assessed the independent variable associated himself to be risk factors and its behavior as the dependent variable. Subject given a goal by circling number 1 (strongly disagree), 2 (disagree), 3 (agree) or 4 (strongly agree) regarding the measured independent variables. For instruments related to the dependent variable, respondents were asked to rate the degree of frequency associated with their behavior by circling the numbers 0 (never), 1 (sometimes), 2 (often) and 3 (always).

**Data Analysis:** Original data were inputted into an excel spreadsheet and checked by the researcher. All data were analyzed using the SPSS 20.00 software. The analysis is done in two ways, Bivariate analysis risk factors (independent variables) on juvenile delinquency (dependent variable) with Chi-square test analysis ( $X^2$ ) after the data is converted into category data and then Analysis of the logistic regression test using the enter method to find out the magnitude of the influence (Odds Ratio) of each risk factor for the occurrence of juvenile delinquency .

## Result

The following is described the results of the descriptive analysis of each variable and the results of the bivariate analysis of the effect of modern and dependent-independent variables.

**Juvenile Delinquency (Juvenile Delinquency):** The juvenile delinquency which is the indicator in this study contains the 6 most types of hate based on the results of previous studies. Description of juvenile delinquency based on the type as in table 1.

**Table 1: Overview of Juvenile Delinquency Based Type Naughty Behavior**

No.	Variable	There is No	Low-Moderate	Weight
1.	Violent Behavior	101 (34.2%)	126 (42.7%)	68 (23.1%)
2.	Theft/Deprivation	143 (48.5%)	103 (34.9%)	49 (16.6%)
3.	Use of substances/drugs	140 (47.5%)	84 (28.5%)	71 (24.1%)
4.	Destructive- an Property	80 (27.1%)	174 (59.0%)	41 (13.9%)
5.	Sexual Abuse/Harassment	120 (40.7%)	115 (39.0%)	60 (20.3%)
6	Murder	250(84.7%)	33(11.2%)	12(4.1%)

Based on table 8 it is known that the most juvenile behavior is substance use or included in narcotics, alcohol, psychotropic, and other addictive substances (NAPZA) groups, then violent and sexual abuse/abuse. Next, to find out the effect strength of the independent variable on the occurrence of juvenile delinquency, logistic regression tests were conducted with the enter method.

**Logistic Regression Test Analysis Risk Factors for Juvenile Delinquency:** Analysis results to determine the power of influence risk factor (independent variable) on juvenile delinquency (dependent variable) can be identified based on the value of *Odds Ratio* (OR) such as table 2.

**Table 2: Test Analysis Results in Logistic Regression Risk Factors for Teenager**

Variable	B	P-value (sig)	Odds Ratio (Exp B)
Individual	-0.039	0.008	0.962
Coping Mechanism	-0.038	0.186	0.963
Family	-0.020	0.005	0.980
School Environment	-0.116	0.000	0.891
Peers	0.268	0.000	1.307
Lifestyle	-0.111	0.000	0.895
Technology	0.346	0.000	1.413

Based on table 2 it is known that of the seven risk factors, which have a significant effect on juvenile delinquency there are six, namely the variables of the individual, family, school environment, peers, lifestyle and technology. Coping mechanisms do not have a significant influence on the occurrence of juvenile delinquency. The results of the analysis also show that technology is the most influential factor in the occurrence of juvenile delinquency with an Odds Ratio (OR) of 1.413. This means that technological factors have an effect 1,413 times on juvenile delinquency. Based on the OR value it is known that after technological factors, the factors that influence juvenile delinquency are peers, family, individuals, lifestyle and school environment.

### Discussion

The results of the analysis it is known that individual factors significantly influence juvenile delinquency.

Individuals who do not have the ability, do not have confidence in their success in the future, do not have a good foundation of faith that has the potential to act according to their wishes. This is in accordance with the researcher's opinion, that life skills or individual competence affect juvenile delinquency<sup>5</sup>. This is in line with the opinion of Robles that life skills in the form of soft skills are interpersonal qualities and personal attributes that a person has<sup>14</sup>. Soft skills are personal and interpersonal behavior to develop and maximize human appearance or performance. Coping mechanism factors also significantly influence juvenile delinquency. Individual failure in solving problems will have the potential for behavioral disorders including juvenile delinquency. Coping mechanisms can be constructive or destructive<sup>4</sup>. The results of family factor analysis found no significant effect on juvenile delinquency. This is not in accordance with the opinion of experts that the family



is a risk factor that affects the occurrence of juvenile delinquency. Families that influence juvenile delinquency are high levels of family dynamics, violence, poverty, family dysfunction, and poor family communication and relations<sup>9</sup>. This result is also not in accordance with the opinion of experts who stated that parenting and bonding effects on children's development. Poor parenting results in poor mother-child bonding (poor bonding) which can eventually lead to criminal behavior in children<sup>15</sup>.

Family factors are still a risk factor that has great potential for juvenile delinquency and should get serious attention. Families have a significant role in the success of children in the present and future. School environment factors significantly influence juvenile delinquency<sup>5</sup>. The incompatibility of school policies or rules, the pattern of teacher-student relations, has the potential for adolescents to rebellion or against existing rules. Peers have a significant effect on juvenile delinquency. This is also in line with the researcher that juvenile delinquency is related to peer influence, antisocial behavior, and the quality and level of relationships in the group<sup>16</sup>. Further explained by other experts that bad friendships can result in problems in schools which can eventually lead to criminal behavior in children<sup>15</sup>.

At the age of adolescence, children are more likely to gather with peers than with parents. Teenagers are comfortable if they gather with their peers because they have the same problems. Thus, if the peer group is bad, it will also have a negative impact on adolescents. Lifestyle factors significantly influence juvenile delinquency. This is in accordance with the theory that a good lifestyle will have a good impact on adolescents. Conversely, a bad lifestyle will have an adverse effect on adolescents. Associated with sleep rest patterns explained that sleep disorders or poor sleep patterns will interfere with emotional stability, individuals become irritable and irritable. Emotional disorders that occur due to disturbances or sleep patterns that are not good will have the potential for violence<sup>17</sup>. Likewise, the habit of exercise activities or recreation can reduce tension so as to make individual behavior adaptive. The inappropriate use of leisure time and recreational culture will have an impact on health<sup>18</sup>.

Technological factors significantly influence juvenile delinquency<sup>11</sup>. This result is quite relevant because of the phenomena of life in today's technological era, making the internet and cellphones a necessity. Individuals are more pleased with cyberspace than the world of reality

by using the internet and cell phone facilities they have. Related to the six indicators of juvenile delinquency behavior, it is known that the most juvenile behavior is the use of substances or included in narcotics, alcohol, psychotropic and other addictive substances (NAPZA), then violent behavior and sexual abuse. Furthermore, the results of the logistic regression test with the enter method are known that there are six risk factors that significantly influence juvenile delinquency, namely individual, family, school environment, peers, lifestyle and technology variables, while coping mechanisms do not have a significant influence.

The logistic regression test results are different from the bivariate test results with the chi-square test which shows that the coping mechanism has a significant effect, while the family does not significantly influence. In the opinion of researchers, these results indicate that the family is a factor that still must be considered and also determines the occurrence of juvenile delinquency. The family is the first place for individuals to learn and the golden age is formed early in the family. This is explained by Wiyani that the beginning of a child's life (early age) is a golden age ("Golden Age")<sup>19</sup>. Golden Age is a period of growth and development of children that occurs at the age of 0 to 6 years, where this time a child is in a family environment. Associated with coping mechanisms do not have a significant effect, in the opinion of researchers because these factors are not dominant in influencing adolescent attitudes and are internal. As is known that external factors are factors that are a more and more powerful influence on adolescents. So that the possibility of coping mechanisms will be maladaptive if the external push is too strong in adolescents. The results of the analysis also show that technology is the most influential factor in juvenile delinquency when compared to other factors. This is in accordance with the opinion which explains that the development of information and communication technology through the internet and cellphones (cellphones) is a phenomenon of modern society that can have an impact on society both positively and negatively<sup>11</sup>.

## Conclusions

Technology is a factor that has the most influence on juvenile delinquency. Inappropriate use of technology, for example, the wrong use of gadgets has the potential for juvenile delinquency. This shows that in this digital era there has been a significant shift in the causes of juvenile delinquency, from family and peer factors

to technological factors. This is reasonable because technology is now a major need for teenagers. Based on these results, further analysis is needed regarding the indicators of the factors that influence juvenile delinquency in order to develop new instruments in the early detection of juvenile delinquency behavior.

**Ethical Clearance:** This research was approved by the Health Research Ethics Commission (KEPK) of the Faculty of Public Health, Airlangga University Surabaya, number 534/EA/KEPK/2018.

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**Conflict of Interest:** None

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