

ABSTRACT

Nissa Chairun Afifah, 2018. Nutritional Care for Hospitalized Patient with Chronic Kidney Disease at *RSUD Kanjuruhan* (Regional Public Hospital of Kanjuruhan), Kepanjen Malang. Nutrition Major, *Politeknik Kesehatan Kemenkes Malang* (Health Ministry's Health Polytechnic of Malang), guides by Sutomo Rum Teguh K.

Chronic Kidney Disease is conditions which decreased renal function quite severe (chronic) progressed and unrecovered cause by various kidney diseases. Nutritional care for chronic kidney disease is a process of nutritional service for solving nutritional problem on Chronic Kidney Disease including nutritional assessment, nutritional diagnosis, intervention, monitoring and evaluating. Hospitalized Nutritional carefor Chronically Kidney Disease sufferers is not maximum and complicated fornutritional management. The research intends to understand nutritional care process for hospitalized patient with Chronic Kidney Disease at *RSUD Kanjuruhan* (Regional Public Hospital of Kanjuruhan), Kepanjen Malang. It is an observational descriptive research with case study method. The subjectsare three hospitalized patients with Chronic Kidney Disease diagnosis. Based on nutritional care observation for Chronic Kidney Disease hospitalized patients, subjects are potentially risked on malnutrition, urea laboratory examination and high value on creatine (renal physiological value), low on blood profile's examination, high categorized on GDP examination (glucose blood level at prandial) also on GD2PP examination (glucose blood level at 2 hours post prandial) specifically on subjects. For clinical and physical check up describes that subjects have high blood pressure and nauseous vomit, Low level on energy consumption and high value on protein. First subject and second subject get Low-Protein Low-Salt Low-Potassium (LPLSLP) for diet with 30 gram low-protein. Third subject get LPLSLP for diet on first day, while on second day and third day get DM B diet. The result on subject's nutritional diagnosis that determined by hospital nutritionist describe there are decreasing on certain nutrition (potassium, sodium, protein), incongruity on carbohydrates.

Key word: Chronic Kidney Disease, Nutritional Care.