

## ABSTRAK

Hubungan Tingkat Stres Kerja Perawat dengan Pelaksanaan *Surgical Safety Checklist* di Kamar Operasi RSUD Ngudi Waluyo Wlingi. Siti Dyah Wahyu Dwi Roziah (2020). Skripsi, Program Studi D-IV Keperawatan Malang, Jurusan Keperawatan, Politeknik Kesehatan Malang. Pembimbing (Utama) Dr. Ekowati Retnaningryas, S.Kp. M.Kes, M.Kes (Pendamping) Taufan Arif, S.Kep., Ns., M.Kep

**Kata Kunci :** Tingkat Stres Kerja, *Surgical Safety Checklist*

Stres kerja perawat adalah kondisi dimana perawat dihadapkan pada tuntutan kerja yang dapat mengakibatkan gangguan fisiologis, psikologis dan perilaku. Salah satu kinerja perawat di kamar operasi adalah pelaksanaan *Surgical Safety Checklist*. Tujuan penelitian ini untuk mengetahui hubungan tingkat stres kerja perawat dengan pelaksanaan *Surgical Safety Checklist* di kamar operasi. Metode penelitian ini menggunakan korelasional dengan pendekatan *cross-sectional*. Populasi yang diteliti berjumlah 18 responden dengan teknik sampling menggunakan seluruh populasi. Variabel independen dalam penelitian ini adalah tingkat stres kerja perawat dengan variabel dependen pelaksanaan *Surgical Safety Checklist*. Instrumen penelitian menggunakan kuisioner tingkat stres kerja perawat dan lembar observasi *Surgical Safety Checklist*. Hasil analisis *scatterplot* didapatkan arah hubungan negatif yang artinya naiknya variabel tingkat stres kerja perawat akan diikuti dengan menurunnya pelaksanaan *Surgical Safety Checklist*. Hasil koefisien korelasi kedua variabel 0,637 dengan interpretasi kuat dan t hitung 3,24 lebih dari hasil t tabel 1,76 artinya ada hubungan liner antara variabel tingkat stres kerja perawat dengan pelaksanaan *Surgical Safety Checklist*. Diskusi untuk hasil penelitian dimana semakin meningkatnya tingkat stres kerja perawat, maka pelaksanaan pelaksanaan *Surgical Safety Checklist* menurun. Rekomendasi untuk penelitian selanjutnya yaitu melakukan penelitian faktor-faktor stres kerja perawat dengan dampak yang dapat diakibatkan dari stres kerja dengan jumlah responden yang lebih banyak.

## **ABSTRACT**

*Relationship between Nurses' Job Stress Level and Surgical Safety Checklist in Ngudi Waluyo Wlingi Hospital Operating Room. Siti Dyah Wahyu Dwi Roziah (2020). Thesis, Malang Nursing D-IV Study Program, Nursing Department, Malang Health Polytechnic. Supervisor (Main) Dr. Ekowati Retnaningryas, S.Kp. M, Kes, M. Kes (Assistant) Taufan Arif, S.Kep., Ns., M.Kep*

**Keywords:** *Job Stress Level, Surgical Safety Checklist*

*Nurse work stress is a condition where nurses are faced with work demands that can result in physiological, psychological and behavioral disorders. One of the nurses' performances in the operating room is the implementation of the Surgical Safety Checklist. The purpose of this study was to determine the relationship of nurses work stress levels with the implementation of Surgical Safety Checklist in the operating room. This research method uses correlational with cross-sectional approach. The population studied was 18 respondents with a sampling technique using the entire population. The independent variable in this study is the level of work stress nurses with the dependent variable implementation of the Surgical Safety Checklist. The research instrument used a questionnaire on nurses' work stress levels and the Surgical Safety Checklist observation sheet. Scatterplot analysis results obtained negative direction direction which means that the increase in the variable level of work stress nurses will be followed by a decrease in the implementation of the Surgical Safety Checklist. The results of the correlation coefficient of the two variables 0.637 with strong interpretation and t count 3.24 more than the results of t table 1.76 means that there is a linear relationship between the variables of work stress levels of nurses with the implementation of Surgical Safety Checklist. Discussion for the results of research where the increasing level of work stress nurses, the implementation of the Surgical Safety Checklist decreases. The recommendation for further research is to conduct research into work stress factors for nurses with the impact that can result from work stress with a higher number of respondents*