

## ABSTRAK

**Laila, Sulami. 2020. *Asuhan Keperawatan Nyeri Gastritis Di Puskesmas Wonosari Kecamatan Wonosari Kabupaten Malang*. Karya Tulis Ilmiah Program Studi Diploma III Keperawatan Malang, Jurusan Keperawatan, Poltekkes Kemenkes Malang. Pembimbing Utama: Lenni Saragih, SKM., M.Kes.. Pembimbing Pendamping: Tavip Dwi W, S.Kep.Ns.,M.Kes**

Gastritis merupakan peradangan yang mengenai mukosa lambung dan merangsang timbulnya proses inflamasi pada lambung yang mengakibatkan nyeri. Penyakit gastritis terjadi karena dua hal, yaitu gangguan fungsional dari lambung yang tidak baik dan gangguan struktur anatomi. Faktor kejiwaan atau stres berpengaruh timbulnya serangan ulang penyakit gastritis Tujuan penelitian mampu menerapkan asuhan keperawatan pada klien gastritis dengan masalah nyeri. Penelitian dilakukan di ruang rawat inap Puskesmas Wonosari Kabupaten Malang. Subjek penelitian 1 orang penderita gastritis dengan masalah nyeri yang melibatkan keluarga. Desain penelitian adalah deskriptif studi kasus dengan pengumpulan data observasi langsung, wawancara dan tes atau pengukuran. Analisis data kualitatif bersifat induktif untuk menganalisa pelaksanaan dan hasil proses asuhan keperawatan. Penelitian dilaksanakan tanggal 23-25 Juli 2020. Hasil penelitian menyimpulkan bahwa nyeri pada gastritis bersifat kompleks dan banyak faktor yang pendukung. Pendidikan kesehatan gastritis dengan masalah nyeri dengan melibatkan dan dukungan keluarga berpengaruh terhadap perubahan status kesehatan klien. Saran untuk klien dan keluarga diharapkan klien dan keluarga mampu menerapkan pola hidup sehat.

**Kata Kunci: Asuhan Keperawatan, Gastritis, Nyeri**

## **ABSTRACT**

**Laila, Sulami. 2020. Nursing care for gastritis clients with pain problems at Wonosari Health Center, Wonosari District, Malang Regency. Malang Nursing DIII Study Program, Nursing Department, Malang Health Ministry Polytechnic.. Advisor I : Lenni Saragih, SKM., M.Kes. Advisor II : Tavip Dwi W, S.Kep.Ns.,M.Kes**

Gastritis is inflammation that affects the gastric mucosa and stimulates the onset of the inflammatory process in the stomach which results in pain. Gastritis occurs due to two things, namely functional disorders of the stomach that are not good and disruption of anatomical structures. Psychiatric or stress factors have an effect on the onset of a gastritis disease attack. The aim of the study was to be able to apply nursing care to gastritis clients with pain problems. The study was conducted in the inpatient room of Wonosari Health Center Malang Regency. Research subjects were 1 person with gastritis with pain problems involving the family. The research design is a descriptive case study by collecting direct observation data, interviews and tests or measurements. Qualitative data analysis is inductive to analyze the implementation and results of the nursing care process. The study was conducted on 7-9 June 2019. The results of the study concluded that the relationship between pain, nutritional imbalance and anxiety is complex in gastritis patients. Health education for gastritis with pain problems involving and family support influences changes in the client's health status. Suggestions for clients and families are expected that clients and families are able to adopt a healthy lifestyle.

**Keywords: Nursing Care, Gastritis, Pain**