

## LAMPIRAN

### Lampiran 1. JBI Tools

#### JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer : Cindya Febrianti  
 Date : 11 Januari 2022  
 Author : Yenny, et al  
 Year : 2021  
 Record Number : 1  
 Tittle : Efektifitas Chewing Gum Terhadap Sensasi Rasa Haus Dan Interdialytic Weight Gain (IDWG) Pasien Hemodialisis

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√			
2. Were the participants included in any comparisons similar?		√		
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		√		
4. Was there a control group?	√			
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√			
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√			
7. Were the outcomes of participants included in any comparisons measured in the same way?	√			
8. Were outcomes measured in a reliable way?	√			
9. Was appropriate statistical analysis used?	√			

Overall appraisal : Include  Exclude  Seek futher info

Comments (Including reason for exclusion) :

Artikel ini mendapatkan skor 77,7% sehingga dinyatakan layak untuk dilakukan sintesis data.

Lampiran 2. JBI Tools

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Cindy Febrianti  
 Date : 11 Januari 2022  
 Author : Zakiyah, et al  
 Year : 2021  
 Record Number : 2  
 Tittle : Penurunan Rasa Haus Dengan Permen Karet Pada Pasien GGK Yang Menjalani Hemodialisa

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√			
2. Were the participants included in any comparisons similar?	√			
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√			
4. Was there a control group?		√		
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√			
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√			
7. Were the outcomes of participants included in any comparisons measured in the same way?	√			
8. Were outcomes measured in a reliable way?	√			
9. Was appropriate statistical analysis used?	√			

Overall appraisal : Include  Exclude  Seek futher info

Comments (Including reason for exclusion) :

Artikel ini mendapatkan skor 88,8% sehingga dinyatakan layak untuk dilakukan sintesis data.

Lampiran 3. JBI Tools

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Cindya Febrianti  
 Date : 11 Januari 2022  
 Author : Andreas, et al  
 Year : 2019  
 Record Number : 3  
 Tittle : Pengaruh Mengunyah Permen Karet Terhadap Rasa Haus Pada Pasien Hemodialisa

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√			
2. Were the participants included in any comparisons similar?		√		
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		√		
4. Was there a control group?	√			
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√			
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√			
7. Were the outcomes of participants included in any comparisons measured in the same way?	√			
8. Were outcomes measured in a reliable way?	√			
9. Was appropriate statistical analysis used?	√			

Overall appraisal : Include  Exclude  Seek futher info

Comments (Including reason for exclusion) : Artikel ini mendapatkan skor 77,7% sehingga dinyatakan layak untuk dilakukan sintesis data.

Lampiran 4. JBI Tools

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Cindya Febrianti  
 Date : 11 Januari 2022  
 Author : Sandegh, et al  
 Year : 2018  
 Record Number : 4  
 Tittle : Investigating The Impact Of Sugar Free Gum On The Thirst And Dry Mouth Of Patients Undergoing Hemodialysis

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√			
2. Were the participants included in any comparisons similar?		√		
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√			
4. Was there a control group?	√			
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√			
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√			
7. Were the outcomes of participants included in any comparisons measured in the same way?	√			
8. Were outcomes measured in a reliable way?	√			
9. Was appropriate statistical analysis used?	√			

Overall appraisal : Include  Exclude  Seek futher info

Comments (Including reason for exclusion) :

Artikel ini mendapatkan skor 88,8% sehingga dinyatakan layak untuk dilakukan sintesis data.

Lampiran 5. JBI Tools

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Cindya Febrianti  
 Date : 11 Januari 2022  
 Author : Lastriyanti  
 Year : 2016  
 Record Number : 5  
 Tittle : Pengaruh Aktivitas Mengunyah Permen Karet Rendah Gula Terhadap Penurunan Rasa Haus Dan Implikasinya Selama Interdialisis Pada Pasien Yang Menjalankan Hemodialisa di RSPAD Gatot Soebroto Jakarta

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the ‘cause’ and what is the ‘effect’ (i.e. there is no confusion about which variable comes first)?	√			
2. Were the participants included in any comparisons similar?		√		
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		√		
4. Was there a control group?	√			
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√			
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√			
7. Were the outcomes of participants included in any comparisons measured in the same way?	√			
8. Were outcomes measured in a reliable way?	√			
9. Was appropriate statistical analysis used?	√			

Overall appraisal : Include  Exclude  Seek futher info

Comments (Including reason for exclusion) :

Artikel ini mendapatkan skor 77,7% sehingga dinyatakan layak untuk dilakukan sintesis data.

Lampiran 6. JBI Tools

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Cindya Febrianti  
 Date : 11 Januari 2022  
 Author : Ni Putu, et al  
 Year : 2014  
 Record Number : 6  
 Tittle : Pengaruh Mengunyah Permen Karet Xylitol Terhadap Rasa Haus Pada Pasien CKD Dengan Terapi Hemodialisa

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√			
2. Were the participants included in any comparisons similar?		√		
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		√		
4. Was there a control group?	√			
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√			
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√			
7. Were the outcomes of participants included in any comparisons measured in the same way?	√			
8. Were outcomes measured in a reliable way?	√			
9. Was appropriate statistical analysis used?	√			

Overall appraisal : Include  Exclude  Seek futher info

Comments (Including reason for exclusion) :

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Lampiran 7. JBI Tools

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Cindya Febrianti  
 Date : 11 Januari 2022  
 Author : Hanan, et al  
 Year : 2013  
 Record Number : 7  
 Tittle : Effect Of Chewing Gum On Xerostomia,Thirst And Interdialytic Weight Gain In Patientsmon Hemodialysis

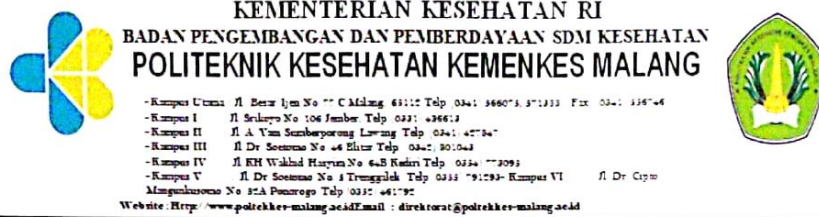
	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√			
2. Were the participants included in any comparisons similar?		√		
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		√		
4. Was there a control group?	√			
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√			
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√			
7. Were the outcomes of participants included in any comparisons measured in the same way?	√			
8. Were outcomes measured in a reliable way?	√			
9. Was appropriate statistical analysis used?	√			

Overall appraisal : Include  Exclude  Seek futher info

Comments (Including reason for exclusion) :

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Lampiran 8. Lembar Konsultasi Skripsi





















LEMBAR KONSULTASI SKRIPSI  
PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN MALANG

Nama : Cindya Febrianti  
NIM : P17211181023  
Judul Skripsi : Pengaruh Permen Karet Rendah Gula Terhadap Penurunan Rasa Haus Pada Pasien *Chronic Kidney Disease* (CKD) yang Menjalani Hemodialisis.

Nama Pembimbing Utama : Sulastyawati, S.Kep. Ns, M.Kep				
NO	TANGGAL	URAIAN	TANDA TANGAN	
			PEMBIMBING	MAHASISWA
1.	19 Oktober 2021	Bimbingan secara daring - Konsultasi judul - Membuat PICOS - Membuat keyword dan login database		
2.	29 Oktober 2021	Bimbingan secara daring - ACC judul - Konsultasi jurnal		
3.	1 November 2021	Bimbingan secara daring - Konsultasi PICOS - Melanjutkan ke BAB 1		
4.	26 November 2021	Bimbingan secara daring - Konsultasi BAB 1 - Melanjutkan ke BAB 1, 2 dan 3		
5.	31 Desember 2021	Bimbingan secara luring - Konsultasi BAB 1, 2, dan 3 - Merevisi BAB 1, 2, dan 3		
6.	12 Januari 2022	Bimbingan secara luring - Konsultasi revisi BAB 1, 2 dan 3 - Menambahkan BAB 1, 2 dan 3		




NO	TANGGAL	URAIAN	TANDA TANGAN	
			PEMBIMBING	MAHASISWA
7.	3 Februari 2022	Bimbingan secara daring – ACC ujian proposal		
8.	11 Februari 2022	Ujian proposal skripsi		
9.	18 Mei 2022	Bimbingan secara daring – Konsultasi hasil revisi ujian proposal – ACC hasil revisi ujian proposal – Melanjutkan ke BAB 4 dan 5		
10.	28 Juni 2022	Bimbingan secara luring – Konsultasi BAB 4 dan 5 – Menambahkan tujuan khusus dan tabel hasil pencarian <i>literature</i>		
11.	1 Juli 2022	Bimbingan secara luring – Konsultasi revisi BAB 4 dan 5 – Menambahkan pembahasan di BAB 4		
12.	11 Juli 2022	Bimbingan secara luring – Konsultasi revisi BAB 4 – ACC ujian hasil skripsi		
13.	13 Juli 2022	Ujian hasil skripsi		
14.	19 Juli 2022	Bimbingan secara daring – Konsultasi revisi ujian hasil skripsi		
15.	21 Juli 2022	Bimbingan secara daring – ACC skripsi		



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Keperawatan Malang

  
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**POLITEKNIK KESEHATAN KEMENKES MALANG**




















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Nama : Cindya Febrianti  
NIM : P17211181023  
Judul Skripsi : Pengaruh Permen Karet Rendah Gula Terhadap Penurunan Rasa Haus Pada Pasien *Chronic Kidney Disease* (CKD) yang Menjalani Hemodialisis.

Nama Pembimbing Pendamping : Rudi Hamarno, S.Kep., Ns., M.Kep				
NO	TANGGAL	URAIAN	TANDA TANGAN	
			PEMBIMBING	MAHASISWA
1.	19 Oktober 2021	Bimbingan secara daring - Konsultasi judul - Membuat PICOS - Membuat keyword dan login database		
2.	29 Oktober 2021	Bimbingan secara daring - ACC judul - Melanjutkan ke BAB 1		
3.	28 November 2021	Bimbingan secara daring - Konsultasi BAB 1 - Mengirim list jurnal yang akan di review		
4.	8 Desember 2021	Bimbingan secara daring - Konsultasi mengenai kesesuaian topik dan jurnal		
5.	10 Januari 2022	Bimbingan secara luring - Konsultasi BAB 1, 2, 3 - Menambahkan prevalensi di latar belakang		
6.	13 Januari 2022	Bimbingan secara luring - Konsultasi revisi BAB 1, 2 dan 3 - Memperbaiki kekurangan di BAB 3		

NO	TANGGAL	URAIAN	TANDA TANGAN	
			PEMBIMBING	MAHASISWA
7.	6 Februari 2022	Bimbingan secara daring - ACC ujian proposal		
8.	11 Februari 2022	Ujian proposal skripsi		
9.	18 Mei 2022	Bimbingan secara daring - Konsultasi hasil revisi ujian proposal - ACC hasil revisi ujian proposal - Melanjutkan ke BAB 4 dan 5		
10.	27 Juni 2022	Bimbingan secara luring - Konsultasi BAB 4 dan 5 - Menambahkan hasil identifikasi <i>literature</i>		
11.	8 Juli 2022	Bimbingan secara luring - Konsultasi revisi BAB 4 dan 5 - Perbaikan penulisan		
12.	11 Juli 2022	Bimbingan secara luring - ACC ujian hasil skripsi		
13.	13 Juli 2022	Ujian hasil skripsi		
14.	19 Juli 2022	Bimbingan secara daring - Konsultasi revisi ujian hasil skripsi		
15.	22 Juli 2022	Bimbingan secara daring - ACC skripsi		



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