### LAMPIRAN

Lampiran 1. JBI Tools

# JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer	: Cindya Febrianti
Date	: 11 Januari 2022
Author	: Yenny, et al
Year	: 2021
Record Number	:1
Tittle	: Efektifitas Chewing Gum Terhadap Sensasi Rasa Haus Dan
Interdialytic Weight	Gain (IDWG) Pasien Hemodialisis
	Not
	Yes No Unclear aplicable

		res	5 INO	Unclear	aplicable
1.	Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	V			
2.	Were the participants included in any comparisons similar?		V		
3.	Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		V		
4.	Was there a control group?	$\checkmark$			
5.	Were there multiple measurements of the outcome both pre and post the intervention/exposure?	V			
6.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	V			
7.	Were the outcomes of participants included in any comparisons measured in the same way?	V			
8.	Were outcomes measured in a reliable way?	V			
9.	Was appropriate statistical analysis used?	V			
Overall	appraisal : Include 🚺 Exclude		Seek futl	ner info	
Comme	ents (Including reason for exclusion) :			_	

## JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL

### **STUDIES**

Reviewer	: Cindya Febrianti
Date	: 11 Januari 2022
Author	: Zakiyah, et al
Year	: 2021
Record Number	: 2
Tittle	: Penurunan Rasa Haus Dengan Permen Karet Pada Pasien
GGK Yang Menjalar	i Hemodialisa

		Yes	No	Unclear	Not aplicable
1.	Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	V			-
2.	Were the participants included in any comparisons similar?	V			
3. 4.	Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest? Was there a control group?	V	V		
5.	Were there multiple measurements of the outcome both pre and post the intervention/exposure?	V			
6.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	V			
7.	Were the outcomes of participants included in any comparisons measured in the same way?	V			
8.	Were outcomes measured in a reliable way?	V			
9.	Was appropriate statistical analysis used?	V			
Overall	appraisal : Include Exclude	Se	ek futl	ner info	
Comme	ents (Including reason $\checkmark$ exclusion) :				

Lampiran 3. JBI Tools

# JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer	: Cindya Febrianti
Date	: 11 Januari 2022
Author	: Andreas, et al
Year	: 2019
Record Number	: 3
Tittle	: Pengaruh Mengunyah Permen Karet Terhadap Rasa Haus
	1, 1,

Pada Pasien Hemodialisa

Pada Pa	asien Hemodialisa				
		Yes	No	Unclear	Not aplicable
1.	Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	V			
2.	Were the participants included in any comparisons similar?		V		
3.	Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		1		
4.	Was there a control group?	$\checkmark$			
5.	Were there multiple measurements of the outcome both pre and post the intervention/exposure?	V			
6.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	V			
7.	Were the outcomes of participants included in any comparisons measured in the same way?	V			
8.	Were outcomes measured in a reliable way?	V			
9.	Was appropriate statistical analysis used?	$\checkmark$			
Overall	appraisal : Include 🗸 Exclude	Se	ek fut	her info	
Comme	ents (Including reason for exclusion) : A	rtikel i	ni mer	Idapatkan	skor 77,7%
sehingg	ga dinyatakan layak untuk dilakukan sint	esis dat	a.		

Lampiran 4. JBI Tools

# JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer	: Cindya Febrianti
Date	: 11 Januari 2022
Author	: Sandegh, et al
Year	: 2018
Record Number	: 4
Tittle	: Investigating The

Tittle : Investigating The Impact Of Sugar Free Gum On The Thirst And Dry Mouth Of Patients Undergoing Hemodialysis

Alla Di	y Mouth Of Fatients Ondergoing Hemo	ularysis			Not
		Yes	No	Unclear	
1.	Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which	V			aplicable
2.	variable comes first)? Were the participants included in any comparisons similar?		V		
3.	Were the participants included in any comparisons receiving similar	V			
4.	treatment/care, other than the exposure or intervention of interest? Was there a control group?	V			
5.	Were there multiple measurements of the outcome both pre and post the intervention/exposure?	V			
6.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	V			
7.	Were the outcomes of participants included in any comparisons measured in the same way?	V			
8.	Were outcomes measured in a reliable way?	V			
9.	Was appropriate statistical analysis used?	V			
Overall	appraisal : Include 🗸 Exclude	Se	ek fut	her info	
Comme	ents (Including reason for exclusion) :			-	

Lampiran 5. JBI Tools

# JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer	: Cindya Febrianti
Date	: 11 Januari 2022
Author	: Lastriyanti
Year	: 2016
Record Number	: 5
Tittle	: Pengaruh Aktivi

Tittle : Pengaruh Aktivitas Mengunyah Permen Karet Rendah Gula Terhadap Penurunan Rasa Haus Dan Implikasinya Selama Interdialisis Pada Pasien Yang Menjalankan Hemodialisa di RSPAD Gatot Soebroto Jakarta

		Vac	No	Unclear	Not
		Yes	INO	Unclear	aplicable
1.	Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	V			
2.	Were the participants included in any comparisons similar?		$\checkmark$		
3.	Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		V		
4.	Was there a control group?	$\checkmark$			
5.	Were there multiple measurements of the outcome both pre and post the intervention/exposure?	V			
6.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	V			
7.	Were the outcomes of participants included in any comparisons measured in the same way?	V			
8.	Were outcomes measured in a reliable way?	V			
9.	Was appropriate statistical analysis used?	V			
Overall	appraisal : Include  ✓ Exclude	Se	eek fut	her info	
C				L	

Comments (Including reason for exclusion) :

## JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL

### **STUDIES**

Reviewer	: Cindya Febrianti	
Date	: 11 Januari 2022	
Author	: Ni Putu, et al	
Year	: 2014	
Record Number	: 6	
Tittle	: Pengaruh Mengunyah Permen Karet Xylitol Terhadap Rasa	
Haus Pada Pasien CKD Dengan Terapi Hemodialisa		

Not Yes Unclear No aplicable 1. Is it clear in the study what is the V 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)? 2. Were the participants included in any V comparisons similar? Were the participants included in any 3. 1 comparisons receiving similar treatment/care, other than the exposure or intervention of interest? 4. Was there a control group? V 5. Were there multiple measurements of V the outcome both pre and post the intervention/exposure? Was follow up complete and if not, V 6. were differences between groups in terms of their follow up adequately described and analyzed? 7. Were the outcomes of participants V included any comparisons in measured in the same way? Were outcomes measured in a reliable 8. V way? 9. Was appropriate statistical analysis V used? Overall appraisal : Include Exclude Seek futher info Comments (Including reason for exclusion) :

### Lampiran 7. JBI Tools

## JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer	: Cindya Febrianti
Date	: 11 Januari 2022
Author	: Hanan, et al
Year	: 2013
Record Number	: 7
Tittle	: Effect Of Chew

Tittle : Effect Of Chewing Gum On Xerostomia, Thirst And Interdialytic Weight Gain In Patientsmon Hemodialysis

meruia	nytie weight Gam in Fatientsmon Hente	ulary SI	3		Not
		Yes	No	Unclear	aplicable
1.	Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	V			upricucie
2.	Were the participants included in any comparisons similar?		$\checkmark$		
3.	Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?		V		
4.	Was there a control group?	V			
5.	Were there multiple measurements of the outcome both pre and post the intervention/exposure?	V			
6.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	V			
7.	Were the outcomes of participants included in any comparisons measured in the same way?	V			
8.	Were outcomes measured in a reliable way?	V			
9.	Was appropriate statistical analysis used?	V			
Overall	appraisal : Include  ✓ Exclude	Se	ek futl	ner info	
Comme	ents (Including reason for exclusion) :			L	

## Lampiran 8. Lembar Konsultasi Skripsi



#### LEMBAR KONSULTASI SKRIPSI PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN MALANG

Nama: Cindya FebriantiNIM: P17211181023Judul Skripsi: Pengaruh Permen Karet Rendah Gula Terhadap PenurunanRasa Haus PadaPasien Chronic Kidney Disease (CKD) yang MenjalaniHemodialisis.

Nama Pembimbing Utama : Sulastyawati, S.Kep, Ns, M.Kep									
NO	TANGGAL	URAIAN	TANDA TANGAN PEMBIMBING   MAHASISW						
1.	19 Oktober 2021	<ul> <li>Bimbingan secara daring</li> <li>Konsultasi judul</li> <li>Membuat PICOS</li> <li>Membuat keyword dan login database</li> </ul>	9n	The					
2.	29 Oktober 2021	Bimbingan secara daring – ACC judul – Konsultasi jurnal	9m-	Any					
3.	1 November 2021	Bimbingan secara daring – Konsultasi PICOS – Melanjutkan ke BAB 1	9m	thy					
4.	26 November 2021	<ul> <li>Bimbingan secara daring</li> <li>Konsultasi BAB 1</li> <li>Melanjutkan ke BAB 1, 2 dan 3</li> </ul>	Jon	thy					
5.	31 Desember 2021	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi BAB 1, 2, dan 3</li> <li>Merevisi BAB 1, 2, dan 3</li> </ul>	9n	-thy					
6.	12 Januari 2022	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi revisi BAB</li> <li>1, 2 dan 3</li> <li>Menambahkan BAB 1, 2 dan 3</li> </ul>	9457	4hny					

NO	TANGGAL	URAIAN	TANDA 1	A TANGAN					
	TANGOAL		PEMBIMBING	MAHASISWA					
7.	3 Februari 2022	Bimbingan secara daring – ACC ujian proposal	97	<b>J</b> ¥					
8.	11 Februari 2022	Ujian proposal skripsi	gen	- the					
9.	18 Mei 2022	<ul> <li>Bimbingan secara daring</li> <li>Konsultasi hasil revisi ujian proposal</li> <li>ACC hasil revisi ujian proposal</li> <li>Melanjutkan ke BAB 4 dan 5</li> </ul>	91	Juy					
10.	28 Juni 2022	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi BAB 4 dan 5</li> <li>Menambahkan tujuan khusus dan tabel hasil pencarian <i>literature</i></li> </ul>	917	(Thuy					
11.	1 Juli 2022	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi revisi BAB</li> <li>4 dan 5</li> <li>Menambahkan</li> <li>pembahasan di BAB 4</li> </ul>	9n	thy					
12.	11 Juli 2022	Bimbingan secara luring – Konsultasi revisi BAB 4 – ACC ujian hasil skripsi	9m	<b>Aint</b>					
13.	13 Juli 2022	Ujian hasil skripsi	9n	Ant					
14.	19 Juli 2022	Bimbingan secara daring – Konsultasi revisi ujian hasil skripsi	9n	And					
15.	21 Juli 2022	Bimbingan secara daring – ACC skripsi	Jun	4th					

Ketua RIAN KEPTER am Studi Sarjana Terapan Reperawatan Malang DIREKTORAT JENDERAL TENAGA KESEHATAN NIP.197608102002122001 B LALINO BA

Mengetahui Pembimbing Utama

Sulastyawati, S.Kep, Ns, M.Kep. NIP: 197811302005012002



#### LEMBAR KONSULTASI SKRIPSI PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN MALANG

Nama	: Cindya Febrianti
NIM	: P17211181023
Judul Skripsi	: Pengaruh Permen Karet Rendah Gula Terhadap Penurunan
Rasa Haus Pada	Pasien Chronic Kidney Disease (CKD) yang Menjalani
Hemodialisis.	

Nama	Pembimbing Pendam	ping : Rudi Hamarno, S.Kep.,	Ns., M.Kep	
NO	TANGGAL	URAIAN	TANDA T	
			PEMBIMBING	MAHASISWA
1.	19 Oktober 2021	<ul> <li>Bimbingan secara daring</li> <li>Konsultasi judul</li> <li>Membuat PICOS</li> <li>Membuat keyword dan login database</li> </ul>	4	Alm
2.	29 Oktober 2021	Bimbingan secara daring – ACC judul – Melanjutkan ke BAB 1	$\mathbf{A}$	they
3.	28 November 2021	Bimbingan secara daring – Konsultasi BAB 1 – Mengirim list jurnal yang akan di review	A	Any
4.	8 Desember 2021	Bimbingan secara daring – Konsultasi mengenai kesesuaian topik dan jurnal	A	Thuy
5.	10 Januari 2022	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi BAB 1, 2, 3</li> <li>Menambahkan prevalensi di latar belakang</li> </ul>	¥	Annt
6.	13 Januari 2022	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi revisi BAB</li> <li>1, 2 dan 3</li> <li>Memperbaiki kekurangan di BAB 3</li> </ul>	A	Ann

NO	TANGGAL	URAIAN		TANGAN						
110	TANOOAL		PEMBIMBING	MAHASISWA						
7.	6 Februari 2022	Bimbingan secara daring – ACC ujian proposal	4	Juy						
8.	11 Februari 2022	Ujian proposal skripsi	A	thy						
9.	18 Mei 2022	<ul> <li>Bimbingan secara daring</li> <li>Konsultasi hasil revisi ujian proposal</li> <li>ACC hasil revisi ujian proposal</li> <li>Melanjutkan ke BAB 4 dan 5</li> </ul>	¢	-Juj						
10.	27 Juni 2022	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi BAB 4 dan 5</li> <li>Menambahkan hasil identifikasi <i>literature</i></li> </ul>	Ą	they						
11.	8 Juli 2022	<ul> <li>Bimbingan secara luring</li> <li>Konsultasi revisi BAB</li> <li>4 dan 5</li> <li>Perbaikan penulisan</li> </ul>	A	Ains						
12.	11 Juli 2022	Bimbingan secara luring – ACC ujian hasil skripsi	4	Amt						
13.	13 Juli 2022	Ujian hasil skripsi	Þ	Huy						
14.	19 Juli 2022	Bimbingan secara daring – Konsultasi revisi ujian hasil skripsi	A	And						
15.	22 Juli 2022	Bimbingan secara daring – ACC skripsi		4mt						

Ketua AAN KERRETE M Studi Sarjana Terapan Kaperawatan Malang DIREKTORAT JENDERAI TENAGA KESEHATAN Astuti, S.Kep., Ns., M.Kep. NIP.197608102002122001

Mengetahui Pembimbing Pendamping

Rudi Hamarno, S.Kep., Ns., M.Kep. NIP : 196905111992031004

Lampiran 9. Plan Of Action

### PLAN OF ACTION (Oktober 2021-Juli 2022)

Nama : Cindya Febrianti NIM : P17211181023

Prodi : Sarjana Terapan Keperawatan Malang Judul : Pengaruh Permen Karet Rendah Gula Terhadap Penurunan Rasa Haus Pada Pasien *Chronic Kidney Disease* (CKD) Yang Menjalani Hemodialisis

N	Kanistan Danalitian			Okt			Okt				Nov				Des					Jan					Mar				Ap	or		Ν	1ei		Jun				Jul		
No	Kegiatan Penelitian	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3 4	1	2	3	4	1 2	2 3	4	1	2	3 4	1	2	3 4				
1.	Tahap Persiapan																																								
	a. Penentuan Judul																																								
	b. Mencari Literature								Γ																																
	c. Penyusunan Proposal																																								
	d. Ujian Sidang Proposal																																								
	e. Revisi Proposal																																								
	f. ACC Revisi Proposal																																								
2.	Tahap Pelaksanaan																																								
	a. Pengolahan Data																																								
	b. Analisa Data																																								

	c. Konsultasi Hasil	
3.	3. Tahap Evaluasi	
	a. Perbaikan Hasil	
	b. Pencatatan dan Pelaporan Hasil	
	c. Ujian Sidang Hasil	
	d. Revisi Hasil Skripsi	
	e. ACC Skripsi	

Pembimbing Utama

Pembimbing Pendamping

Mahasiswa

Sulastyawati, S.Kep, Ns. M.Kep. NIP: 197811302005012002

Rudi Hamarno, S.Kep., Ns., M.Kep. NIP : 196905111992031004

Thy

<u>Cindya Febrianti</u> NIM : P17211181023