

## ABSTRAK

Hubungan Komunikasi Efektif Orangtua dengan Sikap Seksual Remaja Putri di SMAN 1 Papar Kabupaten Kediri Jawa Timur. (2024). Skripsi, Program Studi Sarjana Terapan Keperawatan Malang, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Malang, Pembimbing Dr. Dyah Widodo, S.Kp.,M.Kes. dan Naya Ernawati S.Kep.,Ns.,M.Kep.

Saat ini kondisi sikap seksual yang digambarkan remaja di Indonesia memiliki hasil bahwa banyak remaja bersikap menyimpang seperti melakukan hubungan seksual secara bebas yang disinyalir kurangnya peran orangtua dalam melakukan komunikasi dengan remaja. Tujuan penelitian ini untuk menganalisis hubungan komunikasi efektif orangtua dengan sikap seksual remaja putri di SMAN 1 Papar Kabupaten Kediri Jawa Timur. Rancangan penelitian ini *deskriptif korelasional* dengan desain penelitian *Cross Sectional*. Populasi dalam penelitian ini seluruh siswi kelas X di SMAN 1 Papar Kabupaten Kediri Jawa Timur sebanyak 193 siswi. Teknik sampling menggunakan *simple random sampling* dengan sampel 66 orang. Uji statistic menggunakan *Spearman Rank Correlation*. Hasil penelitian didapatkan sebagian besar 56 responden (84,9%) memiliki komunikasi efektif kurang dan sebagian besar 61 responden (92,5%) memiliki sikap seksual yang positif. Hasil uji *Spearman Rank Correlation* dengan taraf signifikan 5% (0,05) didapatkan *p value* ( $0,025 < 0,05$ ) yang berarti terdapat hubungan komunikasi efektif orangtua dengan sikap seksual remaja putri di SMAN 1 Papar Kabupaten Kediri Jawa Timur. Diharapkan orangtua dapat meningkatkan bagaimana interaksi orangtua – anak dan melakukan kolaborasi dengan sekolah bersama – sama mengawal pemahaman terkait seksual. Peneliti selanjutnya dapat mengembangkan penelitian dengan dengan variabel faktor yang mempengaruhi komunikasi efektif orangtua yang berhubungan dengan faktor budaya dan faktor sikap seksual remaja putri yang berhubungan dengan *self – efficacy*.

**Kata Kunci :** Komunikasi Efektif, Orangtua, Sikap Seksual, Remaja Putri

## **ABSTRACT**

*The Relationship between Effective Parental Communication and Sexual Attitudes of Adolescent Girls at SMAN 1 Papar, Kediri Regency, East Java. (2024). Thesis, Malang Applied Nursing Undergraduate Study Program, Nursing Department, Malang Ministry of Health Health Polytechnic, Supervisor Dr. Dyah Widodo, S.Kp., M.Kes. and Naya Ernawati S.Kep., Ns., M.Kep.*

*Currently, the condition of sexual attitudes described by teenagers in Indonesia has the result that many teenagers behave deviantly, such as having sexual relations freely, which is allegedly a lack of parental role in communicating with teenagers. The aim of this research is to analyze the relationship between effective parental communication and the sexual attitudes of young women in high school. I Show Kediri Regency, East Java. This research design is descriptive correlational with a cross sectional research design. The population in this study were all class X female students at SMAN 1 Papar, Kediri Regency, East Java, totaling 193 female students. The sampling technique used simple random sampling with a sample of 66 people. Statistical tests use Spearman Rank Correlation. The research results showed that the majority of 56 respondents (84.9%) had less effective communication and the majority of 61 respondents (92.5%) had positive sexual attitudes. The results of the Spearman Rank Correlation test with a significance level of 5% (0.05) obtained a p value ( $0.025 < 0.05$ ) which means there is a relationship between effective parental communication and the sexual attitudes of young women at SMAN 1 Papar, Kediri Regency, East Java. It is hoped that parents can improve parent-child interactions and collaborate with schools to jointly guard understanding regarding sexual matters. Future researchers can develop research with variable factors that influence effective parental communication which are related to cultural factors and sexual attitude factors of young women which are related to self-efficacy.*

**Keywords:** *Effective Communication, Parents, Sexual Attitudes, Young Women*