

DAFTAR PUSTAKA

- Aprillia, Yesie. “Nyeri Persalinan”, <https://www.bidankita.com/nyeri-persalinan/>, diakses pada 8 Desember 2020
- Andarmoyo, Sulisty. 2012. *Persalinan Tanpa Nyeri Berlebihan*. Depok, Sleman, Jogjakarta : Ar – Ruzz Media
- American College Obstetricians and Gynecologists (ACOG), 2013, “Clasification Hypertensive Disorders”, in : Hypertension in Pregnancy, p: 13-14.
- Bobak, Lowdermilk, & Jensen. (2004). Buku Ajar Keperawatan Maternitas. Ed. 4. Jakarta : EGC
- Bobak, Lowdermilk, Jense. 2012. Buku Ajar Keperawatan Maternitas. Jakarta:EGC
- Carriere, B., 1998. *The Swiss Ball: Theory, Basic Exercises and Clinical Application*. Springer, New York.
- Depkes RI. 2014. Asuhan Persalinan Normal. Jakarta: JNPK-KR
- Gibbons, L., Belizan, J. M., Lauer, J. A., Betran, A. P., Merialdi, M., & Althabe, F. (2010). The global numbers and costs of additionally needed and unnecessary caesarean sections performed per year: Overuse as a barrier to universal coverage
- Halimatussakdiah, H. (2017). Back-Effluerage Massage (BEM) terhadap Nyeri dan Tekanan Darah Ibu Bersalin Kala I. *Jurnal Kesehatan*, 8(1), 78-83.
- AKTAŞ, D., KOLSUZ, S., ERTUĞRUL, M., BEŞİRLİ, E. G., & GÜNDOĞAN, F. R. (2021). Effect of Birth Ball Exercising for the Management of Childbirth Pain in Turkish Women. *Bezmialem Science*, 9(1), 46–52. <https://doi.org/10.14235/bas.galenos.2020.3898>
- Fournier, D., Feeney, G., & Mathieu, M. E. (2017). Outcomes of Exercise Training Following the Use of a Birthing Ball during Pregnancy and Delivery. *Journal of Strength and Conditioning Research*, 31(7), 1941–1947.

<https://doi.org/10.1519/JSC.0000000000001672>

Gallo, R. B. S., Santana, L. S., Marcolin, A. C., Duarte, G., & Quintana, S. M. (2018). Sequential application of non-pharmacological interventions reduces the severity of labour pain, delays use of pharmacological analgesia, and improves some obstetric outcomes: a randomised trial. *Journal of Physiotherapy*, *64*(1), 33–40. <https://doi.org/10.1016/j.jphys.2017.11.014>

HAU, W.-L., TSANG, S.-L., KWAN, W., Siu-King Man, L., LAM, K.-Y., & HO, L.-F. (2012). The Use of Birth Ball as a Method of Pain Management in Labour. *Hkjgom*, *12*(1), 1–6.

Henrique, A. J., Gabrielloni, M. C., Rodney, P., & Barbieri, M. (2018). Non-pharmacological interventions during childbirth for pain relief, anxiety, and neuroendocrine stress parameters: A randomized controlled trial. *International Journal of Nursing Practice*, *24*(3), 1–8. <https://doi.org/10.1111/ijn.12642>

Irawati, A., Susanti, S., & Haryono, I. (2019). Mengurangi Nyeri Persalinan dengan Teknik Birthing Ball. *Jurnal Bidan Cerdas (JBC)*, *2*(3), 129. <https://doi.org/10.33860/jbc.v2i3.282>

James, S., & Hudek, M. (2017). Experiences of South African multiparous labouring women using the birthing ball to encourage vaginal births. *Health SA Gesondheid*, *22*, 36–42. <https://doi.org/10.1016/j.hsag.2016.08.004>

Kala, P., & Aktif, I. F. (2015). *1, 2, 3*. *2*(2).

Kurniawati, A., Dasuki, D., & Kartini, F. (2016). Efektivitas Latihan Birth Ball terhadap Penurunan Nyeri Persalinan Kala I Fase Aktif pada Primigravida Effectiveness of Birth Ball Exercise to Decrease Labor Pain in The Active Phase of The First Stage of Labor on The Primigravida Women. *Jurnal Kebidanan*, *5*, 2–3.

Makvandi, S., Latifnejad Roudsari, R., Sadeghi, R., & Karimi, L. (2015). Effect of

birth ball on labor pain relief: A systematic review and meta-analysis. *Journal of Obstetrics and Gynaecology Research*, 41(11), 1679–1686.
<https://doi.org/10.1111/jog.12802>

Noviyanti, N., Nurdahlia, N., Munadya, F., & Gustiana, G. (2020). Kebidanan komplementer: Pengurangan nyeri persalinan dengan latihan birth ball. *Holistik Jurnal Kesehatan*, 14(2), 226–231.
<https://doi.org/10.33024/hjk.v14i2.2876>

Paninsari, D., Situmorang, E., Gulo, D. E. K. C., Bago, F., Laia, N., & Swarti, S. (2021). Terapi Birth Ball Untuk Menurunkan Intensitas Nyeri Persalinan. *Jurnal Maternitas Kebidanan*, 6(1), 94–99.

Sari, D. P., St, S., Rufaida, Z., Bd, S. K., Sc, M., Wardini, S., Lestari, P., St, S., & Kes, M. (2018). Nyeri persalinan. *Stikes Majapahit Mojokerto*, 1–117.

Sheishaa, D. M. R., El-Mashad, H. A. M., & Khedr, N. F. H. (2019). Effect of Birthing Ball Exercises during Pregnancy on the First Stage Progress of Labor. *International Journal of Nursing*, 7(2), 47–67.
<https://doi.org/10.15640/ijn.v6n2a6>

Shirazi, M. G., Kohan, S., Firoozehchian, F., & Ebrahimi, E. (2019). Experience of childbirth with birth ball: A randomized controlled trial. *International Journal of Women's Health and Reproduction Sciences*, 7(3), 301–305.
<https://doi.org/10.15296/ijwhr.2019.50>

Sriwenda, D., & Yulinda. (2016). Efektifitas Latihan Birth Ball terhadap Efikasi Diri Primipara dengan Persalinan Normal Effectivity of Birth Ball Exercise on Self Efficacy of Primiparous with Normal Labor. *Journal Ners and Midwifery Indonesia*, 4(3), 141–147.
[https://doi.org/10.21927/jnki.2016.4\(3\).141-147](https://doi.org/10.21927/jnki.2016.4(3).141-147)

Suryani, L., & Hardika, M. D. (2020). The Effectiveness Of Birthing Ball Therapy On The Duration Of The First Stage Of Labor And The Intensity Of Labor Pain In Primigravid Mothers Giving Births. *STRADA Jurnal Ilmiah*

Kesehatan, 9(2), 981–989. <https://doi.org/10.30994/sjik.v9i2.404>

Susiana, S. (2019). *Angka Kematian Ibu : Faktor Penyebab Dan Upaya Penanganannya*.

Wang, J., & Lu, X. (2020). The effectiveness of delivery ball use versus conventional nursing care during delivery of primiparae. *Pakistan Journal of Medical Sciences*, 36(3), 550–554. <https://doi.org/10.12669/pjms.36.3.1440>

Yeung, M. P. S., Tsang, K. W. K., Yip, B. H. K., Tam, W. H., Ip, W. Y., Hau, F. W. L., Wong, M. K. W., Ng, J. W. Y., Liu, S. H., Chan, S. S. W., Law, C. K., & Wong, S. Y. S. (2019). Birth ball for pregnant women in labour research protocol: A multi-centre randomised controlled trial. *BMC Pregnancy and Childbirth*, 19(1), 1–6. <https://doi.org/10.1186/s12884-019-2305-8>