

ABSTRAK

Imansari, Jayanti. 2018. Hubungan Antara Pemberian Komunikasi, Informasi, Edukasi (KIE) Dengan Motivasi Ibu Didalam Melakukan Mobilisasi Dini *Post Sectio Caesarea* Di RSIA Melati Husada Malang. Skripsi, Program Studi Sarjana Terapan Kebidanan Malang, Politeknik Kesehatan Kemenkes Malang. Pembimbing I Rita Yulifah, S.Kp.,M.Kes. Pembimbing II Ardi Panggayuh, S.Kp.,M.Kes.

Komunikasi, informasi, edukasi (KIE) sangat penting diberikan kepada ibu *post sectio caesarea* untuk memfasilitasi ibu pulih dari pembedahan dan menumbuhkan motivasi ibu didalam melakukan mobilisasi dini. Fenomena yang terjadi saat ini menunjukkan beberapa petugas kesehatan tidak memberikan KIE sesuai dengan kaidah pemberian KIE yang tepat. KIE merupakan sumber utama dalam memperoleh informasi bagi ibu post SC, akan tetapi ibu hanya sekedar diberikan perintah untuk dapat segera melakukan aktivitasnya secara mandiri, sehingga ibu tidak mampu melakukan mobilisasi dini dengan benar. Dampak yang akan terjadi apabila ibu tidak melakukan mobilisasi dini *post sectio caesarea* adalah akan menghambat proses penyembuhan dan bahkan dapat menimbulkan komplikasi. Penelitian ini bertujuan untuk mengetahui hubungan antara pemberian KIE dengan motivasi ibu didalam melakukan mobilisasi dini *post sectio caesarea* di RSIA Melati Husada Malang. Desain penelitian yang digunakan dalam penelitian ini adalah *quasi experiment* dengan pendekatan *one group pretest-posttest*. Populasi penelitian ini adalah semua ibu dengan rencana tindakan *sectio caesarea* pada bulan Juni 2018 di RSIA Melati Husada Malang yaitu sebanyak 32 orang. Sampel yang digunakan sebanyak 30 orang yang dipilih dengan teknik *consecutive sampling*. Instrumen yang digunakan dalam penelitian ini adalah Kuisisioner. Hasil penelitian menunjukkan bahwa motivasi ibu sebelum diberikan KIE sebagian besar (76,7%) memiliki motivasi rendah, dan setelah diberikan KIE didapatkan sebagian besar (63,3%) memiliki motivasi tinggi. Adapun dari hasil uji stastitik *Wilcoxon Signed Rank Test*, didapatkan nilai p $0,007 < 0,05$ sehingga dapat disimpulkan bahwa ada hubungan antara pemberian komunikasi, informasi, edukasi (KIE) dengan motivasi ibu didalam melakukan mobilisasi dini *post sectio caesarea* di RSIA Melati Husada Malang. Oleh karena itu diharapkan bagi tenaga kesehatan khususnya bidan agar lebih memperhatikan pemberian KIE sesuai SOP yang tepat sebagai asuhan supportif dalam upaya pemberdayaan ibu *post sectio caesarea*.

Kata kunci : Pemberian KIE, Motivasi Ibu, Mobilisasi Dini

ABSTRACT

Imansari, Jayanti. 2018. The Correlation Between The Delivery of Information, Education and Communication (IEC) and Mother Motivation in Performing Early Mobilization of Post Sectio Caesarea at Melati Husada Motherhood Woman and Child Care Hospital of Malang. Thesis. Applied Midwifery Study Program, State Health Polytechnic of Malang. First Consultant, Rita Yulifah, S.Kp., M.Kes. Second Consultant, Ardi Panggayuh, S.Kp., M.Kes.

Information, Education and Communication (IEC) are really important to be given to post sectio caesarea mothers to facilitate them in recovering from the surgery and foster their motivation in doing early mobilization. The current phenomenon shows that several health workers do not provide IEC which is suitable with the proper rules in delivering IEC itself. IEC is the main source in obtaining the information for post-SC mothers, but mothers are only given orders to be able to immediately do their activities independently, thus, mothers are unable to do early mobilization properly. The impact that will occur if the mother does not perform the early mobilization of post sectio caesarea is it will delay the recovery and even cause a complication. This study aimed at determining the correlation between the delivery of IEC and mother motivation in performing the early mobilization of post sectio caesarea at Melati Husada Motherhood Woman and Child Care Hospital of Malang. The research design used was quasi-experimental with one-group pretest-posttest approach. As many as 32 mothers with the action plan of sectio caesarea in June 2018 at Melati Husada Motherhood Woman and Child Care Hospital of Malang were taken as the population of this research. 30 mothers were selected as the samples through consecutive sampling technique. The instrument used in this research was questionnaire. The results showed that 76.7% of mother had low motivation before given the IEC and 63.3% of mother was at high motivation after given the IEC. The value of p 0.007 < 0.05 was obtained as the result of statistical test of Wilcoxon Signed Rank Test, so that it could be concluded that there was a relationship between the delivery of Information, Education and Communication (IEC) and mother motivation in carrying out the early mobilization of post sectio caesarea at Melati Husada Motherhood Woman and Child Care Hospital of Malang. Therefore, it is expected that the health workers, especially midwives should put their attention more to the delivery of IEC which fits the appropriate SOP as the supportive care in empowering post sectio caesarea mothers.

Keywords: *The Delivery of IEC, Mother Motivation, Early Mobilization*