

GAMBARAN PELAKSANAAN RUJUKAN KASUS PENYAKIT NON SPESIALISTIK DI FASILITAS KESEHATAN TINGKAT PERTAMA

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Abstrak

Latar Belakang: Pencapaian indikator Rasio Rujukan Rawat Jalan Kasus Non Spesialistik (RRNS) di beberapa Fasilitas Kesehatan Tingkat Pertama (FKTP) tidak sesuai dengan Peraturan BPJS No.2 Tahun 2015, dimana target pemenuhan rasio rujukan rawat jalan kasus non spesialistik oleh FKTP sebesar kurang dari 5% (lima persen) setiap bulan.

Tujuan : Penelitian ini bertujuan untuk mengetahui gambaran kesesuaian antara Rasio rujukan Non Spesialistik dengan target indikator FKTP dan faktor yang mempengaruhi kesesuaian antara RRNS dengan target indikator FKTP.

Metode : Penelitian dilakukan dengan menggunakan metode studi literatur dengan sistem *Traditional Review*. Ditemukan lima karya ilmiah relevan dengan tujuan peneliti melalui *Google Scholar*.

Hasil : Terdapat lima jurnal yang memenuhi kriteria inklusi dan telah dianalisis, semua menyajikan gambaran kesesuaian antara Rasio rujukan Non Spesialistik dengan target indikator FKTP dan faktor-faktor yang mempengaruhi kesesuaian antara Rasio rujukan Non Spesialistik dengan target indikator FKTP. Jurnal yang digunakan merupakan Penelitian Deskriptif dengan Pendekatan Kualitatif, penelitian kualitatif dengan pendekatan studi kasus dan *Cross-sectional design*. Besar sampel pada penelitian ini berjumlah lebih dari seratus responden.

Kesimpulan : Beberapa FKTP tidak memenuhi rasio rujukan rawat jalan kasus non spesialistik oleh FKTP sebesar kurang dari 5% (lima persen) setiap bulan dan Ketersediaan SDM, Ketersediaan Alat Kesehatan, Ketersediaan obat, sarana prasarana, rujukan atas permintaan sendiri dan kompetensi dokter menjadi beberapa faktor yang mempengaruhi tingginya angka RRNS di FKTP.

Kata Kunci: Rasio Rujukan Non-Spesialistik, FKTP

DESCRIPTION OF THE REFERENCE OF NON-SPECIALISTIC DISEASES AT FIRST LEVEL HEALTH FACILITIES

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Abstract

Introduction: The achievement of the Outpatient Referral Ratio for Non-Specialistic Cases (RRNS) in several First Level Health Facilities (FKTP) is not in accordance with BPJS Regulation Number.2 of 2015, where the target of meeting the ratio of outpatient non-specialist cases by FKTPs is less than 5% (five percent) every month.

Purpose: This study aims to describe the suitability between the non-specialistic referral ratio with the first level health facilities indicator target and the factors that influence the suitability between the non-specialistic referral ratio and the first level health facilities indicator target.

Methods: The research was conducted using a literature study method with the Traditional Review system. Found five scientific papers relevant to the goals of researchers through Google Scholar.

Results: There are five journals that meet the inclusion criteria and have been analyzed, all of which present a description of the suitability between the non-specialistic referral ratio and the first level health facilities indicator target and the factors that influence the suitability between the non-specialistic referral ratio and the first level health facilities indicator target. The journal used is descriptive research with a qualitative approach, qualitative research with a case study approach and cross-sectional design. The sample size in this study amounted to more than one hundred respondents.

Conclusion: Some first level health facilities do not meet the ratio of outpatient non-specialist cases by first level health facilities of less than 5% (five percent) every month and the availability of human resources, availability of medical devices, availability of drugs, infrastructure, referrals at their own request and the competence of doctors are some of the factors that influence the high number of referral ratio for non-specialistic cases in first level health facilities.

Keywords: Referral Ratio for Non-Specialistic Cases (RRNS), First Level Health Facilities (FKTP)