

DAFTAR ISI

| | | Halaman |
|--|--|---------|
| KATA PENGANTAR..... | | ii |
| DAFTAR ISI..... | | iii |
| DAFTAR TABEL..... | | v |
| DAFTAR GAMBAR..... | | vii |
| DAFTAR LAMPIRAN..... | | viii |
| ABSTRAK..... | | ix |
| BAB I PENDAHULUAN..... | | 1 |
| A. Latar Belakang..... | | 1 |
| B. Rumusan Masalah..... | | 4 |
| C. Tujuan Penelitian..... | | 5 |
| 1. Tujuan Umum..... | | 5 |
| 2. Tujuan Khusus..... | | 5 |
| D. Manfaat Penelitian..... | | 5 |
| 1. Manfaat Praktis..... | | 5 |
| 2. Manfaat Keilmuan..... | | 5 |
| E. Kerangka Konsep..... | | 6 |
| F. Hipotesis Penelitian..... | | 7 |
| BAB II TINJAUAN PUSTAKA..... | | 9 |
| A. Prevalensi <i>Stunting</i> | | 9 |
| B. Pengembangan Substitusi Produk Pangan..... | | 10 |
| 1. Makanan Tambahan Balita..... | | 10 |
| 2. Bahan Pengolahan Nugget..... | | 12 |
| 3. Bahan Substitusi Nugget..... | | 16 |
| C. Mutu Kimia dan Mutu Gizi..... | | 20 |
| 1. Kadar Air..... | | 20 |
| 2. Kadar Abu..... | | 21 |
| 3. Kadar Protein..... | | 21 |
| 4. Kadar Lemak..... | | 23 |
| 5. Kadar Karbohidrat..... | | 23 |
| 6. Nilai Energi..... | | 24 |
| 7. Zat Besi..... | | 24 |
| 8. Vitamin C..... | | 24 |
| D. Mutu Organoleptik..... | | 25 |
| 1. Warna..... | | 25 |
| 2. Aroma..... | | 25 |
| 3. Rasa..... | | 26 |
| 4. Tekstur..... | | 26 |
| E. Nilai Hasil Perhitungan (<i>Calculate Value</i>)..... | | 27 |
| BAB III METODE PENELITIAN..... | | 28 |
| A. Jenis dan Desain Penelitian..... | | 28 |
| B. Waktu dan Tempat Penelitian..... | | 29 |
| C. Bahan dan Alat..... | | 29 |
| 1. Bahan..... | | 29 |
| 2. Alat..... | | 30 |

| | | |
|---------------------------------|------------------------------------|-----------|
| D. | Variabel Penelitian..... | 31 |
| 1. | Variabel Bebas..... | 31 |
| 2. | Variabel Terikat..... | 31 |
| E. | Definisi Operasional Variabel..... | 31 |
| F. | Metode Penelitian..... | 33 |
| 1. | Penelitian Pendahuluan..... | 33 |
| 2. | Resep Nugget Standar..... | 34 |
| 3. | Kebutuhan Bahan..... | 35 |
| 4. | Penelitian Utama..... | 36 |
| G. | Metode Analisis..... | 39 |
| 1. | Analisis Kadar Zat Gizi..... | 39 |
| 2. | Mutu Organoleptik..... | 41 |
| H. | Pengolahan dan Analisis data..... | 43 |
| 1. | Mutu Kimia dan Nilai Energi..... | 43 |
| 2. | Mutu Organoleptik..... | 43 |
| 3. | Taraf Perlakuan Terbaik..... | 44 |
| I. | Jadwal Kegiatan Penelitian..... | 45 |
| BAB IV | HASIL DAN PEMBAHASAN..... | 46 |
| A. | Deskripsi Produk..... | 46 |
| B. | Mutu Kimia..... | 48 |
| 1. | Kadar Air..... | 48 |
| 2. | Kadar Abu..... | 49 |
| C. | Mutu Gizi..... | 50 |
| 1. | Kadar Protein..... | 50 |
| 2. | Kadar Lemak..... | 52 |
| 3. | Kadar Karbohidrat..... | 54 |
| 4. | Nilai Energi..... | 55 |
| 5. | Zat Besi..... | 56 |
| 6. | Vitamin C..... | 57 |
| D. | Mutu Organoleptik..... | 58 |
| 1. | <i>Preference Test</i> | 58 |
| 2. | <i>Deskriptive Test</i> | 62 |
| BAB V | KESIMPULAN DAN SARAN..... | 71 |
| A. | Kesimpulan..... | 71 |
| B. | Saran..... | 71 |
| DAFTAR PUSTAKA..... | 72 | |
| LAMPIRAN - LAMPIRAN..... | 76 | |