

**Lampiran 1.**

**PLAN OF ACTION**

(September 2020 – Juli 2021)

Nama : Fristy Nur Amalia Floranti

NIM : P17210181010

No	Kegiatan Penelitian	Sep.				Okt.				Nov.				Des.				Jan.				Feb.				Mar.				April				Mei				Juni				Juli			
		1	2	3	4	1	2	3	4	1	2	1	2	1	2	1	2	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3
<b>I</b>	<b>Tahap Persiapan</b>																																												
	a. Perencanaan Judul																																												
	b. Mencari Literatur																																												
	c. Penyusunan Proposal																																												
	d. Konsultasi Proposal																																												
	e. Perbaikan Proposal																																												



No	Kegiatan Penelitian	Sep.				Okt.				Nov.				Des.				Jan.				Feb.				Mar.				April				Mei				Juni				Juli																							
		1	2	3	4	1	2	3	1	2	1	2		1	2	3	4	1	2	3		1	2	1	2		1	2	3	4	1	2	3	4	1	2	1	2		1	2	3	4	1	2	3	4																		
<b>II</b>	<b>Tahap I</b>																																																																
	a. Perbaikan Hasil																																																																
	b. Pencatatan dan Pelaporan Hasil																																																																
	c. Ujian Sidang KTI																																																																
	d. Perbaikan Hasil																																																																

**Pembimbing**



**Dr. Tri Anjaswarni, S.Kp., M.Kep.**  
**NIP. 196705191991032001**

**Yang Membuat**  
**Malang, 18 Oktober 2020**



**Fristy Nur Amalia Floranti**  
**NIM. P17210181010**

Lampiran 2.









**LEMBAR BIMBINGAN KTI**







**Nama mahasiswa : Fristy Nur Amalia F.**

**NIM : P17210181010**

**Nama pembimbing : Dr. Tri Anjaswarni, S.Kp.,  
M.Kep.**

<b>NO</b>	<b>TANGGAL</b>	<b>REKOMENDASI PEMBIMBING</b>	<b>TANDA TANGAN PEMBIMBING</b>
1.	<b>Jum'at 02/10/2020</b>	1. Download Mendeley 2. Mencari jurnal (3nasional + 2inter) 3. Membuat rancangan LB	
2.	<b>Jum'at 23/10/2020</b>	Revisi BAB 1 1. Cara membuat paragraph yang benar dengan kalimat ide pokok diawal paragraph diikuti 3-4 kalimat penjelas. 2. Memperbaiki tujuan umum dan tujuan khusus. 3. Membetulkan manfaat disarankan sesuai dengan mendeley. 4. Referensi harus berada didepan titik.	
3.	<b>Rabu 18/11/2020</b>	1. Pembahasan BAB I Prodi D4 untuk pemantapan isi dari BAB I bagi D3 dan D4 2. Melanjutkan revisi BAB I 3. Pengerjaan BAB II	
4.	<b>Sabtu 05/12/2020</b>	1. Revisi BAB I a. Keruntutan per paragraph	

		<ul style="list-style-type: none"> <li>b. Tujuan disesuaikan dengan panduan</li> <li>c. Manfaat disesuaikan dengan panduan</li> </ul> <ul style="list-style-type: none"> <li>2. Melanjutkan mengerjakan BAB II</li> <li>3. Melanjutkan pengerjaan BAB III</li> </ul>	
5.	<b>Sabtu</b> <b>02/01/2021</b>	<ul style="list-style-type: none"> <li>1. Peletakan subbab kecemasan pada BAB II menjadi nomor 1</li> <li>2. Peletakan subbab Covid pada BAB II diletakkan pada nomor 2</li> <li>3. Konsep remaja diganti dengan Kecemasan Remaja Pada Masa Pandemi Covid-19</li> <li>4. Hilangkan kata konsep</li> <li>5. Update epidemiologi Covid per Desember 2020</li> <li>6. Konsistensi penggunaan kata “ansietas” dengan “kecemasan”</li> <li>7. Jumlah artikel pada PRISMA flow chart harus dibaca ulang dan spesifik ke judul dan kriteria inklusi</li> </ul>	
6.	<b>Kamis</b> <b>07/01/2021</b>	<ul style="list-style-type: none"> <li>1. Penambahan tulisan Proposal Karya Tulis Ilmiah pada Cover</li> <li>2. Pembetulan kata pengantar</li> <li>3. PEOS pada daftar isi harus ditulis secara lengkap baru singkatan</li> <li>4. Merubah poin dari ballot menjadi huruf</li> <li>5. Pembetulan pada desain penelitian</li> </ul>	

<b>NO</b>	<b>TANGGAL</b>	<b>REKOMENDASI PEMBIMBING</b>	<b>TANDA TANGAN PEMBIMBING</b>
7.	<b>Sabtu 09/01/2021</b>	1. Perbaiki sedikit sesuai hasil koreksi 2. ACC Ujian / Seminar Proposal	
8.	<b>Minggu, 13/06/2021</b>	1. Membahas mengenai Bab IV secara umum 2. Memperbaiki Bab IV	
9.	<b>Rabu, 23/06/2021</b>	1. Memperbaiki Bab IV 2. Menambah Bab V 3. Menambah Abstrak	
10.	<b>Sabtu, 03/07/2021</b>	1. Memperbaiki Bab IV 2. Memperbaiki Bab V 3. Menambah Abstrak Indonesia Inggris	
11.	<b>Jum'at, 09/07/2021</b>	1. Menambah Bab III 2. Memperbaiki Pembahasan 3. Memperbaiki Kesimpulan	
12.	<b>Minggu, 11/07/2021</b>	1. Memperbaiki penilaian kualitas 2. Memperbaiki kesimpulan	

Pembimbing

Karya Tulis Ilmiah



Dr. Tri Anjaswarni, S.Kp. M.Kep.

### Lampiran 3.

Lembar *Critical Appraisal* bentuk *Analytical Cross Sectional*

## **JBI CRITICAL APPRAISAL CHECKLIST FOR ANALYTICAL CROSS SECTIONAL STUDIES**

Reviewer : Fristy Nur Amalia Floranti

Author : Devra Jovana Clarissa Suryaatmaja, Imanuel Sri Mei Wulandari

Year : 2020

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall appraisal:	Include <input checked="" type="checkbox"/>	Exclude <input type="checkbox"/>	Seek further info <input type="checkbox"/>	

**Lampiran 4.**

Lembar *Critical Appraisal* bentuk *Analytical Cross Sectional*

**JBI CRITICAL APPRAISAL CHECKLIST FOR ANALYTICAL CROSS SECTIONAL STUDIES**

Reviewer : Fristy Nur Amalia Floranti

Author : Syami Yulianti, Lezi Yovita Sari

Year : 2021

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall appraisal:	Include <input checked="" type="checkbox"/>	Exclude <input type="checkbox"/>	Seek further info <input type="checkbox"/>	



**Lampiran 5.**

Lembar *Critical Appraisal* bentuk *Quasi-Experimental*

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Fristy Nur Amalia Floranti

Author : Delia Yusfarani

Year : 2021

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the ‘cause’ and what is the ‘effect’ (i.e. there is no confusion about which variable comes first)?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the participants included in any comparisons similar?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Was there a control group?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes of participants included in any comparisons measured in the same way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Were outcomes measured in a reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall appraisal:	Include <input checked="" type="checkbox"/>	Exclude <input type="checkbox"/>	Seek further info <input type="checkbox"/>	

**Lampiran 6.**

Lembar *Critical Appraisal* bentuk *Quasi-Experimental*

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Fristy Nur Amalia Floranti

Author : Linda Fitria, Ifdil Ifdil

Year : 2020

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the ‘cause’ and what is the ‘effect’ (i.e. there is no confusion about which variable comes first)?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the participants included in any comparisons similar?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Was there a control group?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes of participants included in any comparisons measured in the same way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Were outcomes measured in a reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall appraisal:	Include <input checked="" type="checkbox"/>	Exclude <input type="checkbox"/>	Seek further info <input type="checkbox"/>	

**Lampiran 7.**

Lembar *Critical Appraisal* bentuk *Quasi-Experimental*

**JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES**

Reviewer : Fristy Nur Amalia Floranti

Author : Irma Maya Puspita, Annisa' Wigati Rozifa, A'im Matun Nadhiroh

Year : 2021

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the participants included in any comparisons similar?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Was there a control group?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes of participants included in any comparisons measured in the same way?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8. Were outcomes measured in a reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall appraisal:	Include <input checked="" type="checkbox"/>	Exclude <input type="checkbox"/>	Seek further info <input type="checkbox"/>	

**Lampiran 8.**

Lembar *Critical Appraisal* bentuk *Reporting Prevalence Data*

**JBI CRITICAL APPRAISAL CHECKLIST FOR STUDIES REPORTING PREVALENCE DATA**

Reviewer : Fristy Nur Amalia Floranti

Author : Gheralyn Regina Suwandi, Evelin Malinti

Year : 2020

	Yes	No	Unclear	Not applicable
1. Was the sample frame appropriate to address the target population?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were study participants sampled in an appropriate way?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. Was the sample size adequate?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Was the data analysis conducted with sufficient coverage of the identified sample?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were valid methods used for the identification of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Was the condition measured in a standard, reliable way for all participants?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was there appropriate statistical analysis?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
9. Was the response rate adequate, and if not, was the low response rate managed appropriately?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall appraisal:	Include <input checked="" type="checkbox"/>	Exclude <input type="checkbox"/>	Seek further info <input type="checkbox"/>	

