

Lampiran 1. Plan of Action

PLAN OF ACTION

(September 2020 – Mei 2021)

Nama : Lisa Alifiyah Siregar
NIM : P17210184135

| No | Kegiatan Penelitian | September | | | | Oktober | | | | November | | | | Desember | | | | Januari | | | | Februari | | | | Maret-Mei | | | | Juni | | | | Juli | | | | | | | |
|----------|----------------------------|-----------|---|---|---|---------|---|---|---|----------|---|---|---|----------|---|---|---|---------|---|---|---|----------|---|---|---|-----------|---|---|---|------|---|---|---|------|---|---|---|--|--|--|--|
| | | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | | | | |
| I | Tahap Persiapan | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | a. Perencanaan Judul | █ | █ | █ | █ | █ | █ | █ | █ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | b. Mencari Literatur | | █ | █ | █ | █ | █ | █ | █ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | c. Penyusunan Proposal | | | | | █ | █ | █ | █ | █ | █ | █ | █ | █ | █ | █ | █ | | | | | | | | | | | | | | | | | | | | | | | | |
| | d. Konsultasi Proposal | | | | | █ | █ | █ | █ | █ | █ | █ | █ | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | e. Perbaikan Proposal | | | | | █ | █ | █ | █ | █ | █ | █ | █ | █ | █ | █ | █ | | | | | | | | | | | | | | | | | | | | | | | | |
| | f. Penyusunan Instrumen | | | | | | | | | | | | | | | | | █ | █ | █ | █ | | | | | | | | | | | | | | | | | | | | |
| | g. Ujian Sidang dan Revisi | | | | | | | | | | | | | | | | | | | | | █ | █ | █ | █ | | | | | | | | | | | | | | | | |
| | h. Pengurusan Izin | | | | | | | | | | | | | | | | | | | | | █ | █ | █ | █ | | | | | | | | | | | | | | | | |

Lampiran 2. Lembar Bimbingan








LEMBAR BIMBINGAN KTI

Nama Mahasiswa : Lisa Alifiyah Siregar

NIM : P17210184135

Nama Pembimbing : Dr. Tri Anjaswarni, S.Kp., M.Kep.

| No. | TGL. | REKOMENDASI PEMBIMBING | TANDA TANGAN PEMBIMBING |
|-----|------------|--|-------------------------|
| 1. | 2/10/2020 | <ol style="list-style-type: none"> 1. Download Mendeley 2. Mencari jurnal (3 Nasional, 2 Internasional) 3. Membuat rancangan Latar Belakang serta kelengkapan BAB I | |
| 2. | 23/10/2020 | <ol style="list-style-type: none"> 1. Menjelaskan cara mengoperasikan mendeley 2. Bimbingan dan revisi BAB I yang telah dikerjakan | |
| 3. | 18/11/2020 | <ol style="list-style-type: none"> 1. Pembahasan BAB I 2. Lanjut mengerjakan BAB II | |
| 4. | 05/12/2020 | <ol style="list-style-type: none"> 1. Penjelasan pematapan penulisan proposal BAB I dan II | |
| 5. | 03/01/2021 | <ol style="list-style-type: none"> 1. Revisi BAB I dan 2 2. Lanjut mengerjakan BAB III | |
| 6. | 25/01/2021 | <ol style="list-style-type: none"> 1. Revisi BAB II dan BAB III 2. Memperbaiki pengetikan yang salah 3. Melengkapi bagian depan dengan kata pengantar, daftar isi, lembar persetujuan 4. Melampirkan POA dan lembar konsultasi | |
| 7. | 03/02/2021 | <ol style="list-style-type: none"> 1. Memperbaiki pengetikan | |
| 8. | 8/02/2021 | Acc Ujian Proposal | |

| NO. | TGL. | REKOMENDASI PEMBIMBING | TANDA TANGAN PEMBIMBING |
|-----|------------|---|---|
| 9. | 13/06/2021 | 1. Membahas mengenai Bab IV secara umum |  |
| 10. | 9/07/2021 | <ol style="list-style-type: none"> 1. Revisi bab 4 2. Revisi penulisan daftar isi 3. Menghapus kata “rencana” pada KTI 4. Revisi cara paparan karakteristik studi 5. Menambahkan head table, pada tabel yang terputus 6. Revisi cara penulisan karakteristik responden studi 7. Menambahkan paparan hasil untuk menjawab tujuan studi 8. Revisi bab 5 kesimpulan. |  |
| 11. | 12/07/2021 | <ol style="list-style-type: none"> 1. Menghilangkan kata “pada” dalam judul 2. Revisi hasil pada jurnal yang diteliti, studi kualitatif harus ada angka dan hasil uji yang ditampilkan 3. Revisi penulisan pada karakteristik studi 4. Menambahkan paparan hasil sesuai tujuan studi sebelum pembahasan 5. Revisi cara penulisan pada pembahasan 6. Revisi bab 5 kesimpulan |  |
| 12. | 13/07/2021 | <ol style="list-style-type: none"> 1. Pembahasan dikelompokkan menjadi 2 sesuai tujuan 2. Revisi urutan penulisan pembahasan, mulai dari fakta, teori, hingga opini penulis 3. Kesimpulan dibagi menjadi dua sesuai tujuan |  |
| 13. | 14/07/2021 | <ol style="list-style-type: none"> 1. Menambahkan penilaian kualitas jurnal pada bab 3 2. Revisi karakteristik responden 3. Menambahkan fakta pada pembahasan 4. Persetujuan untuk ujian hasil 5. ACC ujian |  |

Lampiran 3. Lembar *Critical Appraisal*

JBI Critical Appraisal Checklist for Qualitative Research

Author: Wilma Fransisca Mamuly (2021)

| | Yes | No | Unclear | Not applicable |
|--|-------------------------------------|--------------------------|--------------------------|--------------------------|
| 1. Is there congruity between the stated philosophical perspective and the research methodology? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Is there congruity between the research methodology and the research question or objectives? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Is there congruity between the research methodology and the methods used to collect data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Is there congruity between the research methodology and the representation and analysis of data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Is there congruity between the research methodology and the interpretation of results? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Is there a statement locating the researcher culturally or theoretically? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Is the influence of the researcher on the research, and vice-versa, addressed? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Are participants, and their voices, adequately represented? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Is the research ethical according to current criteria or, for recent studies, and is there evidence of ethical approval by an appropriate body? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Do the conclusions drawn in the research report flow from the analysis, or interpretation, of the data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Overall appraisal: Include Exclude Seek further info

Lampiran 4. Lembar *Critical Appraisal*

JBI Critical Appraisal Checklist for Qualitative Research

Author: Desi Wulandri, Nailul Fauziah (2019)

| | Yes | No | Unclear | Not applicable |
|---|-------------------------------------|--------------------------|--------------------------|--------------------------|
| 11. Is there congruity between the stated philosophical perspective and the research methodology? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Is there congruity between the research methodology and the research question or objectives? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Is there congruity between the research methodology and the methods used to collect data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Is there congruity between the research methodology and the representation and analysis of data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Is there congruity between the research methodology and the interpretation of results? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Is there a statement locating the researcher culturally or theoretically? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Is the influence of the researcher on the research, and vice-versa, addressed? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Are participants, and their voices, adequately represented? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Is the research ethical according to current criteria or, for recent studies, and is there evidence of ethical approval by an appropriate body? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Do the conclusions drawn in the research report flow from the analysis, or interpretation, of the data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Overall appraisal: Include Exclude Seek further info

Lampiran 5. Lembar *Critical Appraisal*

JBI Critical Appraisal Checklist for case control studies

Author: Muklhis Aziz (2019)

| | Yes | No | Unclear | Not applicable |
|--|-------------------------------------|--------------------------|--------------------------|--------------------------|
| 1. Were the groups comparable other than the presence of disease in cases or the absence of disease in controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Were cases and controls matched appropriately? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Were the same criteria used for identification of cases and controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Was exposure measured in a standard, valid and reliable way? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Was exposure measured in the same way for cases and controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Were confounding factors identified? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Were strategies to deal with confounding factors stated? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Were outcomes assessed in a standard, valid and reliable way for cases and controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Was the exposure period of interest long enough to be meaningful? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Was appropriate statistical analysis used? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Overall appraisal: Include Exclude Seek further info

Lampiran 6. Lembar *Critical Appraisal*

JBI Critical Appraisal Checklist for Qualitative Research

Author: Ika Wahyu Pratiwi, Putri Agustin Larashati Handayani (2020)

| | Yes | No | Unclear | Not applicable |
|---|---|----------------------------------|--|--------------------------|
| 21. Is there congruity between the stated philosophical perspective and the research methodology? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Is there congruity between the research methodology and the research question or objectives? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Is there congruity between the research methodology and the methods used to collect data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Is there congruity between the research methodology and the representation and analysis of data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 25. Is there congruity between the research methodology and the interpretation of results? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 26. Is there a statement locating the researcher culturally or theoretically? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 27. Is the influence of the researcher on the research, and vice-versa, addressed? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 28. Are participants, and their voices, adequately represented? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 29. Is the research ethical according to current criteria or, for recent studies, and is there evidence of ethical approval by an appropriate body? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 30. Do the conclusions drawn in the research report flow from the analysis, or interpretation, of the data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Overall appraisal: | Include <input checked="" type="checkbox"/> | Exclude <input type="checkbox"/> | Seek further info <input type="checkbox"/> | |

Lampiran 7. Lembar *Critical Appraisal*

JBI Critical Appraisal Checklist for Qualitative Research

Author: Diani Fathonah, Heris Hendriana, Tita Rosita (2020)

| | Yes | No | Unclear | Not applicable |
|---|---|----------------------------------|--|--------------------------|
| 31. Is there congruity between the stated philosophical perspective and the research methodology? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 32. Is there congruity between the research methodology and the research question or objectives? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 33. Is there congruity between the research methodology and the methods used to collect data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 34. Is there congruity between the research methodology and the representation and analysis of data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 35. Is there congruity between the research methodology and the interpretation of results? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 36. Is there a statement locating the researcher culturally or theoretically? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 37. Is the influence of the researcher on the research, and vice-versa, addressed? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 38. Are participants, and their voices, adequately represented? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 39. Is the research ethical according to current criteria or, for recent studies, and is there evidence of ethical approval by an appropriate body? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 40. Do the conclusions drawn in the research report flow from the analysis, or interpretation, of the data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Overall appraisal: | Include <input checked="" type="checkbox"/> | Exclude <input type="checkbox"/> | Seek further info <input type="checkbox"/> | |

Lampiran 8. Lembar *Critical Appraisal*

JBI Critical Appraisal Checklist for case control studies

Author: Berna Detta, Sri Muliati Abdullah (2017)

| | Yes | No | Unclear | Not applicable |
|---|-------------------------------------|--------------------------|--------------------------|--------------------------|
| 11. Were the groups comparable other than the presence of disease in cases or the absence of disease in controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Were cases and controls matched appropriately? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Were the same criteria used for identification of cases and controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Was exposure measured in a standard, valid and reliable way? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Was exposure measured in the same way for cases and controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Were confounding factors identified? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Were strategies to deal with confounding factors stated? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Were outcomes assessed in a standard, valid and reliable way for cases and controls? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Was the exposure period of interest long enough to be meaningful? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Was appropriate statistical analysis used? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Overall appraisal: Include Exclude Seek further info

Lampiran 9. Lembar *Critical Appraisal*

JBI Critical Appraisal Checklist for Qualitative Research

Author: Mohammed Baqer Hassan, Khetam Mutashar Hatab (2021)

| | Yes | No | Unclear | Not applicable |
|---|-------------------------------------|--------------------------|-------------------------------------|--------------------------|
| 41. Is there congruity between the stated philosophical perspective and the research methodology? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 42. Is there congruity between the research methodology and the research question or objectives? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 43. Is there congruity between the research methodology and the methods used to collect data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 44. Is there congruity between the research methodology and the representation and analysis of data? | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 45. Is there congruity between the research methodology and the interpretation of results? | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 46. Is there a statement locating the researcher culturally or theoretically? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 47. Is the influence of the researcher on the research, and vice-versa, addressed? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 48. Are participants, and their voices, adequately represented? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 49. Is the research ethical according to current criteria or, for recent studies, and is there evidence of ethical approval by an appropriate body? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 50. Do the conclusions drawn in the research report flow from the analysis, or interpretation, of the data? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Overall appraisal: Include Exclude Seek further info