

Lampiran 1

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri

Date : 17-10-2020

Author : Asri Bashir

Year : 2020

Record Number : 01

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 100%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Samsir, Muh. Yunus

Year : 2020

Record Number : 02

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 100%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Utsundag, H., Bozkurt, G., Zengin, N., Oren, B

Year : 2020

Record Number : 03

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 100%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri

Date : 17-10-2020

Author : Ren-Liu, Q., Huo-Ji, M., Chen-Dai, Y., Bing-Sun, X., Mao-Zhou, C., Dong-Qiu, X., Jun-Yang, J.

Year : 2020

Record Number : 04

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 77,7%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Hevy Amalia Noviyanti, Marlin Sutrisna, Eny Kusmiran

Year : 2019 **Record Number** : 05

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 100%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Faisal Asdar

Year : 2018

Record Number : 06

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 77,7%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Jeppesen, Tolstrup, Ismail Gogenur

Year : 2016 **Record Number** : 07

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 77,7 %

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Dreidi & Mansour

Year : 2015

Record Number : 08

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 100%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Ummami Vanessa Indri, Darwin Karim, Veny Elita

Year : 2014 **Record Number** : 09

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 100%

JBI Critical Appraisal Checklist for Analytical Cross Sectional Studies

Reviewer : Khuriyatul Ummah Safitri **Date** : 17-10-2020

Author : Milla Fitri, Mira Trisyani, Ida Maryati

Year : 2012 **Record Number** : 10

	Yes	No	Unclear	Not applicable
1. Were the criteria for inclusion in the sample clearly defined?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Were the study subjects and the setting described in detail?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Was the exposure measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Were objective, standard criteria used for measurement of the condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Were confounding factors identified?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Were strategies to deal with confounding factors stated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Were the outcomes measured in a valid and reliable way?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Was appropriate statistical analysis used?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Overall appraisal : Include Exclude Seek further info

Comments (Including reason for exclusion)

Artikel ini dapat dimasukkan kedalam kriteria inklusi dengan nilai keseluruhan 100%

Lampiran 2














LEMBAR BIMBINGAN PROPOSAL SKRIPSI

Nama Mahasiswa : Khuriyatul Ummah Safitri

NIM : P17211171005

**Nama Pembimbing I : Budi Susatia, S.Kp.,
M.Kes.**

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
1.	28 September 2020	1. Konsul judul 2. Ganti judul awal	
2.	30 September 2020	1. Menyetorkan revisi judul - 1. Pengaruh Relaksasi Otot Progresif Terhadap Penurunan Tingkat Stress Pada Lansia - 2. Hubungan Tingkat Stress Dengan Kualitas Tidur Pada Lansia Penderita Hipertensi - 3. Hubungan Tingkat Pengetahuan Dengan Tingkat Kecemasan Pada Lansia Penderita Penyakit Kronis	
3.	7 Oktober 2020	1. Menyetorkan revisi judul : - 1. Hubungan Intensitas Nyeri Dengan Kualitas Tidur Pada Pasien Post Operasi Laparatomi - 2. Hubungan Tingkat Pengetahuan Dengan Tingkat Kecemasan Pada Pasien Pre Operasi Laparatomi 2. Acc judul - Hubungan Intensitas Nyeri Dengan Kualitas Tidur Pada Pasien Post Operasi Laparatomi	

4.	24 Oktober 2020	<ol style="list-style-type: none"> 1. Konsul Bab I 2. Revisi Bab I <ul style="list-style-type: none"> - Memperbaiki diksi pada latar belakang - Memperhatikan cara kutipan yang benar sesuai kaidah 	
5.	13 November 2020	<ol style="list-style-type: none"> 1. Acc Bab I 	
6.	28 November 2020	<ol style="list-style-type: none"> 1. Konsul Bab II 	
7.	29 November 2020	<ol style="list-style-type: none"> 1. Revisi Bab II <ul style="list-style-type: none"> - membenarkan tata cara penulisan kutipan sesuai kaidah buku sumber yang benar 	
8.	4 Desember 2020	<ol style="list-style-type: none"> 1. Revisi Bab II <ul style="list-style-type: none"> - Membenarkan kerangka konsep 	
9.	18 Desember 2020	<ol style="list-style-type: none"> 1. Acc Bab II 	
10.	5 Januari 2021	<ol style="list-style-type: none"> 1. Konsul Bab III 	
11.	10 Januari 2021	<ol style="list-style-type: none"> 1. Acc Bab III 2. Acc seminar proposal 	

11.	29 Mei 2021	1. Konsul Bab IV dan V	
12.	30 Mei 2021	1. Revisi Kesimpulan - Lihat apakah kesimpulan sudah sesuai dengan tujuan penelitian	
13.	8 Juni 2021	1. Acc Bab IV dan V 2. Lanjut membuat abstrak	
14.	10 Juni 2021	1. Konsul Abstrak	
15.	11 Juni 2021	1. Revisi abstrak - Lebih mengeksplor lagi untuk kualitas tidurnya dengan menambahkan beberapa faktor yang dapat mempengaruhinya - Lebih memprioritaskan variabel terikat (kualitas tidur)	
16.	14 Juni 2021	1. Acc abstrak 2. Acc ujian seminar hasil	

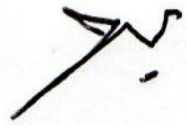






LEMBAR BIMBINGAN PROPOSAL SKRIPSI

Nama Mahasiswa : Khuriyatul Ummah Safitri

NIM : P17211171005

Nama Pembimbing II : Tavip Dwi Wahyuni,
S.Kep, Ns, M.Kes.

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
1.	2 Oktober 2020	<ol style="list-style-type: none"> 1. Penentuan rencana awal 2. Pengarahan untuk mencari sumber literature 3. Menentukan tema penelitian 	
2.	14 Oktober 2020	<ol style="list-style-type: none"> 1. Mengubah judul penelitian 2. BAB I Memperbaiki latar belakang, rumusan masalah, tujuan 	
3.	21 November 2020	<ol style="list-style-type: none"> 1. BAB II Memperbaiki kerangka konsep 2. BAB III Memperbaiki penulisan daftar pustaka 	
4.	5 November 2020	<ol style="list-style-type: none"> 1. BAB II Memperbaiki penulisan sub bab teori 2. BAB III Merapikan daftar pustaka 	
5.	3 Januari 2021	<ol style="list-style-type: none"> 1. Merapikan daftar isi 2. Merapikan etika penulisan sesuai buku panduan 	
6.	5 Januari 2021	<ol style="list-style-type: none"> 1. Acc seminar proposal 	

11.	29 Mei 2021	1. Konsul Bab IV dan V	
12.	4 Juni 2021	1. Revisi kesimpulan - Melihat apakah kesimpulan sudah sesuai dengan tujuan penelitian - Membenarkan bahwa dikesimpulan tidak boleh ada presentase	
13.	8 Juni 2021	1. Acc Bab IV dan V 2. Lanjut membuat abstrak	
14.	15 Juni 2021	1. Acc Abstrak 2. Acc seminar hasil	