Lampiran I

PLAN OF ACTION

Nama : Indah Hikmatul Qamariyah

NIM : P17211173017

Prodi : Sarjana Terapan Keperawatan Malang

Judul : Analisis Faktor yang Mempengaruhi Hambatan Waktu Pulih Motorik Ekstremitas Bawah pada Pasien Pasca Anestesi Spinal : Literature Review

Jt	idul : Analisis Faktor	yan	ıg r	vien	ıpen	garu	m H	am	Dat	an w	akt	u P	un	n w	101	OLIE	(E	KSU	emna	as b	sav	van	pac	ia P	ası	en i	as	ca 1	An	este	S1 3	рш	ıaı	: L1	tera	uur	e K	ev	iew	/
N	Kegiatan Penelitian		(Okt			No	V			Des	;			Ja	n			Feb)			Μa	ar			Ap	ril			M	ei			Jun	i		J	uli	
O	Kegiatan i enentian	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3 4	1	2	3	4
	T. I. D																																	-	7	+	ŀ	┝	Ļ	<u> </u>
1.	Tahap Persiapan																																						lacksquare	
	a. Penentuan Judul																																							
	b. Mencari Literatur																																							
	c. Penyusunan Proposal																																							
	d. Konsultasi Proposal																																							
	e. Perbaikan Proposal																																							
	f. Ujian Sidang Proposal																																							
	g. Revisi Proposal																																							
2.	Tahap Pelaksanaan																																							
	a. Pengolahan Data																																							
	c. Analisa Data																																							
	d. Konsultasi Hasil																																							
3.	Tahap Evaluasi																																							
	 Perbaikan Hasil 																																							
	Pencatatan dan Pelaporan Hasil																																							
	3. Ujian Sidang Skripsi																																							
	4. Perbaikan Hasil																	•																						

Pembimbing Utama

Pembimbing Pendamping

Mahasiswa

Maria Dich Cipt mingtyas, S.Kep.,

M.Kep., Sp.ND

NIP.197601052002122005

Rossyana Septyasih, S.Kp., M.Pd.

NIP.196109171985012001

Indah Hikmatul Qamariyah NIM. P17211173017

Review	ver : Indah Hikmatul Qamariyah	Date	: J	anuar	y 1st, 2	021		
Author	: Devi Rama	Year	: 2	2020			Record Nu	mber : 01
					Yes	No	Unclear	NA
	Was true randomization used for assignment of participants groups?	to treatm	nent		\checkmark			
2.	Was allocation to treatment groups concealed?				\checkmark			
3.	Were treatment groups similar at the baseline?						\checkmark	
4.	Were participants blind to treatment assignment?				\checkmark			
5.	Were those delivering treatment blind to treatment assignment	ent?			✓			
	Were outcomes assessors blind to treatment assignment?				\checkmark			
	Were treatment groups treated identically other than the interest?	ervention	of		✓			
	Was follow up complete and if not, were differences between terms of their follow up adequately described and analyzed		in		✓			
9.	Were participants analyzed in the groups to which they wer	e randomi	ized'	?		✓		
10. V	Were outcomes measured in the same way for treatment gro	oups?			✓			
11. V	Were outcomes measured in a reliable way?				\checkmark			
12. V	Was appropriate statistical analysis used?				✓			
(Was the trial design appropriate, and any deviations from the design (individual randomization, parallel groups) accounted conduct and analysis of the trial?			Γ				✓
Overall a	appraisal: Include 🚺 Exclude 🔲 Se	eek furth	er ir	nfo []			

Reviewer		: Indah Hikmatul Qamariyah	uary 1st	, 2021		
Author		: Mohamed Elmeliegy Year : 202	0		Record	Number: 02
			Yes	No	Unclear	NA
	1.	Were the two groups similar and recruited from the same population?	✓			
	2.	Were the exposures measured similarly to assign people to both exposed and unexposed groups?	✓			
	3.	Was the exposure measured in a valid and reliable way?	✓			
	4.	Were confounding factors identified?			✓	
	5.	Were strategies to deal with confounding factors stated?			✓	
,	6.	Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)?	✓			
	7.	Were the outcomes measured in a valid and reliable way?	✓			
	8.	Was the follow up time reported and sufficient to be long enough for outcomes to occur?	✓			
	9.	Was follow up complete, and if not, were the reasons to loss to follow up described and explored?	✓			
	10.	Were strategies to address incomplete follow up utilized?			✓	
	11.	Was appropriate statistical analysis used?	✓			
Overall appra	aisa	l: Include Exclude Seek further info				

JBI CRITICAL APPRAISAL CHECKLIST FOR CROSS SECTIONAL STUDIES

Reviewer	: Indah Hikmatul Qamariyah	Date	: Januar	y 1st, 2	2021		
Author	: Abd. Razak, dkk	Year	: 2020		Re	cord Number	r: 03
			Yes	No	Unclear	NA	
1. Were defin	the criteria for inclusion in the sample cleed?	early	✓				
2. Were detail	the study subjects and the setting describ l?	ed in			✓		
3. Was the	he exposure measured in a valid and relia	ableway?	abla				
4. Were of the	objective, standard criteria used formeas e condition?	urement	✓				
5. Were	confounding factors identified?		✓				
6. Were	strategies to deal with confounding facto	rsstated?			✓		
7. Were way?	the outcomes measured in a valid and rel	liable	✓				
8. Was a	appropriate statistical analysis used?		✓				
Overall appraisa	ul: Include 🚺 Exclude 🔲 S	Seek furth	er info				

Reviev	wer : Indah Hikmatul Qamariyah Date : Janua	ary 1st, 2	021		
Autho	r : Cody C. Wyles, et., al. Year : 2020			Record Nu	mber : 04
		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	\checkmark			
2.	Was allocation to treatment groups concealed?		✓		
3.	Were treatment groups similar at the baseline?	\checkmark			
4.	Were participants blind to treatment assignment?	\checkmark			
5.	Were those delivering treatment blind to treatment assignment?			\checkmark	
6.	Were outcomes assessors blind to treatment assignment?	\checkmark			
7.	Were treatment groups treated identically other than the intervention of interest?	\checkmark			
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	✓			
9.	Were participants analyzed in the groups to which they were randomized?		✓		
10.	Were outcomes measured in the same way for treatment groups?	\checkmark			
11.	Were outcomes measured in a reliable way?	\checkmark			
12.	Was appropriate statistical analysis used?	✓			
13. V	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	✓			
Overall	appraisal: Include 🗹 Exclude 🗆 Seek further info				

Review	wer : Indah Hikmatul Qamariyah Date : Januar	ry 1st, 2	021		
Autho	r: Mohamed A. Alsaeid Year: 2019			Record Nu	nber : 05
		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	\checkmark			
2.	Was allocation to treatment groups concealed?			\checkmark	
3.	Were treatment groups similar at the baseline?	✓			
4.	Were participants blind to treatment assignment?	✓			
5.	Were those delivering treatment blind to treatment assignment?	✓			
6.	Were outcomes assessors blind to treatment assignment?	✓			
7.	Were treatment groups treated identically other than the intervention of interest?			✓	
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	✓			
9.	Were participants analyzed in the groups to which they were randomized?		✓		
10.	Were outcomes measured in the same way for treatment groups?	✓			
11.	Were outcomes measured in a reliable way?	\checkmark			
12.	Was appropriate statistical analysis used?	✓			
13. V	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	✓			
Overall	appraisal: Include Exclude Seek further info]			

JBI CRITICAL APPRAISAL CHECKLIST FOR CRPSS SECTIONAL STUDIES

Reviewer	: Indan Hikmatul Qamariyan	Date	: Januar	y 1st, 2	2021		
Author	: Wayan Eka Fitria, dkk.	Year	: 2018		Re	cord Numbe	r : 06
			Yes	No	Unclear	NA	
1. Were defir	the criteria for inclusion in the sample coned?	learly			abla		
2. Were detai	the study subjects and the setting describil?	ped in	✓				
3. Was t	the exposure measured in a valid and reli	ableway?	\checkmark				
4. Were of th	objective, standard criteria used formease condition?	surement	✓				
5. Were	e confounding factors identified?						
6. Were	strategies to deal with confounding factor	orsstated?		✓			
7. Were way	the outcomes measured in a valid and re?	eliable	abla				
8. Was	appropriate statistical analysis used?		\checkmark				
Overall apprais	al: Include 🗹 Exclude 🗆	Seek furthe	er info]			

Review	wer : Indah Hikmatul Qamariyah Date : Ja	anuary 1st, 202	21		
Autho	r: Muh. Zulkifli, dkk Year: 2	019		Record Num	ber : 07
		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	\checkmark			
2.	Was allocation to treatment groups concealed?			\checkmark	
3.	Were treatment groups similar at the baseline?	✓			
4.	Were participants blind to treatment assignment?	✓			
5.	Were those delivering treatment blind to treatment assignment?	✓			
6.	Were outcomes assessors blind to treatment assignment?				✓
	Were treatment groups treated identically other than the intervention of interest?	✓			
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	\checkmark			
9.	Were participants analyzed in the groups to which they were randomized?				✓
10.	Were outcomes measured in the same way for treatment groups?	✓			
11.	Were outcomes measured in a reliable way?	\checkmark			
12.	Was appropriate statistical analysis used?	\checkmark			
	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	✓			
Overall	appraisal: Include 🗹 Exclude 🗆 Seek further in	fo			

Reviev	wer : Indah Hikmatul Qamariyah Date	: January	1st, 2	021		
Autho	r : Manazir Athar, et., al. Year	: 2016			Record Nur	nber : 08
			Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatme groups?	ent	\checkmark			
2.	Was allocation to treatment groups concealed?			✓		
3.	Were treatment groups similar at the baseline?		✓			
4.	Were participants blind to treatment assignment?		✓			
5.	Were those delivering treatment blind to treatment assignment?					✓
6.	Were outcomes assessors blind to treatment assignment?					✓
7.	Were treatment groups treated identically other than the intervention of interest?	of	✓			
8.	Was follow up complete and if not, were differences between groups i terms of their follow up adequately described and analyzed?	n			\checkmark	
9.	Were participants analyzed in the groups to which they were randomize	zed?		✓		
10.	Were outcomes measured in the same way for treatment groups?		✓			
11.	Were outcomes measured in a reliable way?		\checkmark			
12.	Was appropriate statistical analysis used?		✓			
13. V	Was the trial design appropriate, and any deviations from the standard lesign (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?		✓			
Overall	annraisal: Include Fyclude Seek furthe	rinfo				

Reviewe	er : Indah Hikmatul Qamariyah	Date	: Janu	ary 1st, 20	021		
Author	: Ozgur Yagan, et., al.	Year	: 2014	4		Record Nur	nber : 09
				Yes	No	Unclear	NA
	Vas true randomization used for assignment of participants roups?	to treatm	ent	\checkmark			
2. W	Vas allocation to treatment groups concealed?						✓
3. W	Vere treatment groups similar at the baseline?			✓			
4. W	Vere participants blind to treatment assignment?			\checkmark			
5. W	Vere those delivering treatment blind to treatment assignment	ent?		\checkmark			
6. W	Vere outcomes assessors blind to treatment assignment?						✓
	Vere treatment groups treated identically other than the inte tterest?	ervention	of	✓			
	Vas follow up complete and if not, were differences between sof their follow up adequately described and analyzed?		in	✓			
9. W	Vere participants analyzed in the groups to which they were	e randomi	ized?				✓
10. W	ere outcomes measured in the same way for treatment grou	ups?		✓			
11. W	ere outcomes measured in a reliable way?			\checkmark			
12. W	as appropriate statistical analysis used?			\checkmark			
de	as the trial design appropriate, and any deviations from the esign (individual randomization, parallel groups) accounted and analysis of the trial?			✓			
Overall ap	ppraisal: Include 🗹 Exclude 🗌 Se	ek furth	er info				

Review	wer : Indah Hikmatul Qamariyah Date : Janua	ary 1st, 2	021		
Autho	r: Rellig Maret Suhanda, dkk. Year: 2015			Record Nur	nber : 10
		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	\checkmark			
2.	Was allocation to treatment groups concealed?			\checkmark	
3.	Were treatment groups similar at the baseline?	\checkmark			
4.	Were participants blind to treatment assignment?	\checkmark			
5.	Were those delivering treatment blind to treatment assignment?				✓
6.	Were outcomes assessors blind to treatment assignment?				✓
7.	Were treatment groups treated identically other than the intervention of interest?	✓			
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?		✓		
9.	Were participants analyzed in the groups to which they were randomized?				✓
10.	Were outcomes measured in the same way for treatment groups?	✓			
11.	Were outcomes measured in a reliable way?	\checkmark			
12.	Was appropriate statistical analysis used?	\checkmark			
13. V	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	✓			
Overall	appraisal: Include Exclude Seek further info				

JBI CRITICAL APPRAISAL CHECKLIST FOR CROSS SECTIONAL STUDIES

Reviewer	: Indah Hikmatul Qamariyah	Date	: Januar	y 1st, 2	2021		
Author	: Ubah Swasono Basuki	Year	: 2014		R	ecord Number	: 11
			Yes	No	Unclear	Not applicable	
1. Were defii	the criteria for inclusion in the sample cloned?	early	✓				
2. Were detail	the study subjects and the setting describil?	ed in	✓				
3. Was t	the exposure measured in a valid and relia	ıbleway?	✓				
4. Were of th	objective, standard criteria used formeas e condition?	urement	✓				
5. Were	e confounding factors identified?			✓			
6. Were	strategies to deal with confounding facto	rsstated?		✓			
7. Were way	the outcomes measured in a valid and rel?	iable	✓				
8. Was	appropriate statistical analysis used?		✓				
Overall apprais	al: Include 🗹 Exclude 🗌 S	Seek furth	er info]			

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Lampiran 13 Lembar Bimbingan Skripsi



LEMBAR BIMBINGAN SKRIPSI

Nama Mahasiswa : Indah Hikmatul Qamariyah

NIM : P17211173017

Dosen Pembimbing I: Maria Diah C.T., S.Kep., Ns.

M.Kep., Sp.MB

N O	TANGGAL	REKOMENDASI PEMBIMBING	TTD PEMBIMBING
1.	15 Oktober 2020	 Carilah referensi lebih dalam mengenai dampak General Anestesi terhadap fungsi paru. Cari tahu mengenai kondisi preoperasi yang memengaruhi pemulihan post-operasi Lihatlah skripsi milik kakak tingkat dengan topik yang mendekati dan analisa kekurangannya. 	* Im2
2.	20 Oktober 2020	 ACC JUDUL. Lanjutkan dengan mengerjakan BAB I. Perhatikan penekanan pada peran perawat dalam proses pemulihan klien pasca anestesi. 	1/m2
3.	9 November 2020	 Revisi Latar Belakang. Latar Belakang harus berisi empat poin, diantaranya masalah, skala, kronologi, dan solusi. Perhatikan kaidah penulisan skripsi. Satu paragraf minimal berisi tiga kalimat. 	+ m ₂

		Persingkat judul agar lebih mudah dipahami.	
4.	23 November 2020	 Perdalam teori tentang komplikasi pada klien post spinal anestesi, dampak spinal anestesi terhadap organ-organ tubuh, dan klasifikasi ASA. Mencari hasil penelitian yang membahas tentang waktu yang diperlukan untuk pulih pada klien dengan spinal anestesi. 	
5.	3 Desember 2020	 Pelajari kembali mengenai kerja obat anestesi Carilah literature mengenai kerja obat anestesi Gunakan variabel yang memiliki paling banyak literatur 	* Im2
6.	9 Desember 2020	Cobalah cari informasi dari jurnal mengenai spesifikasi tertentu obat anestesi spinal	* /m2
7.	5 Januari 2020	Menambahkan faktor lain selain IMT	1/m2
8.	9 Januari 2021	 Gunakanlah metode <i>Literature Review</i> Ubah judul dengan "Analisis Faktor yang Mempengaruhi Waktu Pulih pada Pasien Pasca Anestesi Spinal" 	* Im2

		Carilah jurnal pendukung sebanyak-banyaknya.	
9.	14 Januari 2021	 Tambahkan mengenai Penatalaksanaan Pasca Operasi dengan anestesi spinal pada BAB II Tambahkan tujuan Literature Review pada BAB III sub-bab Desain Penelitian Tambahkan total jumlah jurnal pada PRISMA flow Perbaiki teori PEOS Jurnal yang sudah ditemukan dijadikan satu folder bersama JBI Checklist ACC BAB I Mengkaji lebih dalam mengenai	* In 2
		menurut Barbara Kozier, apakah sudah sesuai dengan pasien pasca anestesi spinal	
10.	22 Januari 2021	 ACC BAB I – III Lengkapi daftar isi, daftar lampiran, dan lain-lain. Perbaiki pengetikan 	*/m²

11.	2 Februari	•	Mengirimkan revisi pasca	
	2021			
			seminar proposal sesuai saran	
			perbaikan oleh tim penguji.	
12.	24 Mei 2021	•	Perbaiki pengetikan, lihatlah	
			pedoman penyusunan skripsi	
			aturan pengetikan meliputi spasi,	
			before and after.	
		•	Gantilah kata "proposal" dengan	
			kata "skripsi".	
		•	Rapikan pengetikan daftar isi	
		•	Sesuaikan narasi pada subbab 3.2	1 de
			dengan tujuan penelitian	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
		•	Kaji kembali salah satu jurnal	
			yang digunakan, apakah dapat	
			digunakan dalam LR, mengingat	
			jenis operasi dalam jurnal ialah	
			Total Knee Replacement	
			Arthroplasty.	
13.	28 Mei 2021	•	Pada pembahasan, opini peneliti	
			belum nampak. Tambahkan opini	
			peneliti.	
		•	Pada pembahasan, bahaslah juga	
			dari masing-masing jurnal yang	
			digunakan.	
		•	Konfirmasi responden dipastikan	1-/m2
			dan disesuaikan jumlahnya.	
		•	Narasi dalam kesimpulan ada	
			yang tidak sesuai. Sebaiknya	
			Jung tidak bebaul. bebuikitya	

		dimasukkan ke sara peneliti selanjutnya Berikanlah saran ya	ı.
		operasional dan tek	nis bagi
		perawat.	
14.	10 Juni 2021	Tampilkan hasil rev	view dari
		jurnal terkait obat-o	obatan yang
		digunakan.	
		Pada pembahasan u	ılaslah dasar
		teori dari masing-n	nasing obat
		yamg digunakan.	
15.	15 Juni 2021	Sesuaikan kesimpu	lan dengan
		tujuan. Kesimpular	harus
		menjawab tujuan p	enelitian.
		Perhatikanlah spasi	untuk tiap
		kalimat.	
		Buatlah abstrak skr	ipsi.
16.	18 Juni 2021	ACC Abstrak	* Im2
17.	22 Juni 2021	ACC untuk sidang	skripsi.

Lampiran 14 Lembar Bimbingan Skripsi



LEMBAR BIMBINGAN SKRIPSI

Nama Mahasiswa : Indah Hikmatul Qamariyah

NIM : P17211173017

Dosen Pembimbing II: Rossyana Septyasih, S.Kp., M.Pd.

N O	TANGGAL	REKOMENDASI PEMBIMBING	TTD PEMBIMBING	
1.	29 September 2020	Cek kembali di perpustakaan kampu, apakah sudah ada kakak tingkat yang menggunakan judul tersebut	HARPEN	
2.	23 Oktober 2020	ACC judul Lanjutkan mengerjakan BAB I	HARRIE	
3.	20 November 2020	Tuliskan judul pada sampul proposal secara lengkap	HARRIE	
4.	9 Desember 2020	Tuliskan <i>output</i> pada kerangka konsep	HARRIEN	
5.	25 Desember 2020	 Perbaiki <i>spacing</i> pada judul. <i>Spacing</i> = 1. Perbaiki pemilihan diksi pada proposal. Hindari penempatan kata hubung di awal kalimat. Tambahkan dampak anestesi spinal terhadap tubuh. Bahasan antar kalimat dan antar alinea harus saling berhubungan. ACC BAB II 	A Parker	

6.	13 Januari 2021	ACC BAB II dan Perbaiki penyusu belakang	
7.	16 Januari 2021	Tambahkan man atau masalah yar pasien dengan ar	ng terjadi pada
8.	18 Januari 2021	ACC BAB I – II melengkapi kata daftar lampiran, Kirimkan lemba	pengantar, dan lain-lain.
9.	3 Mei 2021	Gantilah susunar menjadi "Analisi Mempengaruhi Hambatan Waktu Ekstremitas Baw Pada Pasien Pasa Spinal".	s Faktor Yang a Pulih Motorik ah
10.	8 Mei 2021	Lebih perdalam terkait faktor sela	H / Hanton
11.	15 Mei 2021	Susunlah kesimp mengambil dari p Susunlah saran d ataupun masalah diperbaiki.	pembahasan. ari kasus
12.	22 Mei 2021	ACC Abstrak	H There is a second of the sec
15.	31 Mei 2021	Perbaiki pengetil	TI Han Han

		aturan pengetikan meliputi spasi, before and after	
16.	8 Juni 2021	ACC untuk sidang skripsi	A Parker

BIODATA PENELITI



Indah Hikmatul Qamariyah adalah nama dari peneliti skripsi ini. Peneliti dilahirkan di Kabupaten Situbondo, Jawa Timur pada tanggal 04 Juni 1999. Anak pertama dan satu-satunya dari pasangan suami istri Gatot Wiyono dan Jamilah. Peneliti menyelesaikan pendidikan Sekolah Dasar di SDN 2 Banyuputih pada tahun 2011. Pada tahun yang sama peneliti melanjutkan pendidikan ke SMPN 1 Asembagus dan lulus pada tahun 2014. Kemudian peneliti menamatkan jenjang sekolah menengah di

SMAN 1 Situbondo pada tahun 2017. Pada tahun 2017 pula peneliti mulai menjadi mahasiswa di Poltekkes Kemenkes Malang pada Jurusan Keperawatan tepatnya Program Studi Sarjana Terapan Keperawatan Malang. Peneliti menyelesaikan pendidikan Sarjana Terapan pada tahun 2021.

Penulis sempat aktif dalam dunia organisasi, yakni sebagai pengurus Himpunan Mahasiswa Prodi Sarjana Terapan Keperawatan Malang periode 2018 – 2020. Akhir kata penulis mengucapkan rasa syukur yang sebesar-besarnya atas terselesaikannya skripsi *literature review* yang berjudul "Analisis Faktor yang Mempengaruhi Hambatan Waktu Pulih Motorik Ekstremitas Bawah pada Pasien Pasca Anestesi Spinal" dengan baik dan tepat waktu. Penulis dapat dihubungi melalui E-mail: indahhq4699@gmail.com atau Instagram @indahhq_.