LAMPIRAN

Lampiran 1

PLAN OF ACTION

(Oktober 2020 –Juli 2021)

Nama : Indira Marga Kusuma W.
NIM : P17211174041
Prodi : Sarjana Terapan Keperawatan
Judul : Analisis Implementasi *Bladder Training* dan Kompres Hangat Suprapubik Tehadap Respon Berkemih Pada Pasien dengan Spinal Anastesi

NO	Kegiatan Penelitian	Okt				Nov				Des				Jan				Feb				Mar				April				Mei				Juni				Juli			
		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
1.	**Tahap Persiapan**																																								
	a. Penentuan Judul																																								
	b. Mencari Literatur																																								
	c. Penyusunan Proposal																																								
	d. Konsultasi Proposal																																								
	e. Perbaikan Proposal																																								
	f. Ujian Sidang Proposal																																								
	g. Revisi Proposal																																								
2.	**Tahap Pelaksanaan**																																								
	a. Pengolahan Data																																								
	c. Analisa Data																																								
	d. Konsultasi Hasil																																								
3.	**Tahap Evaluasi**																																								
	a. Perbaikan Hasil																																								
	b. Pencatatan dan Pelaporan Hasil																																								
	c. Ujian Sidang Skripsi																																								
	d. Perbaikan Hasil																																								

Pembimbing Utama

Tavip Dwi Wahyuni, S.Kep., Ns., M.Kes
NIP. 196502201987032001

Pembimbing Pendamping

Dr. Tri Anjaswarni, S.Kp.,M.Kep.
NIP.196705191991032001

Mahasiswa

Indira Marga Kusuma W.
NIM.P17211174041

Lampiran 2

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: 1 Juni 2017

Author: Indah Wulaningsih, Siti Ratinah Year: 2017 Record Number : 01

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	√	☐	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√	☐	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):
Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 100%

Lampiran 3

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: 31 Oktober 2020

Author: Juni M.S, Syatriawati S, Miftahul Z, Rosita G, Maisyaroh Year:2020 Record Number : 02

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	☐	√	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√	☐	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):

Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 88,8%

Lampiran 4

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: -

Author: Nurliaty, Aspiat Year:2019 Record Number: 03

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	√	☐	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	☐	√	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):
Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 88,8%

Lampiran 5

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: 1 Maret 2019

Author: Djunizar Djamaluddin, Amilia, Suci Asianti Year:2019 Record Number: 04

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	√	☐	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	☐	√	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):
Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 88,8%

Lampiran 6

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: 26 Mei 2019

Author: Funda B. PhD. BSN., Profesor Madya, Yeliz C. MSc.BSN., Asisten Peneliti, Mehmet G. Culha MD, Ahli Urologi, Alper Ö. MD, Profesor Madya Year:2019 Record Number : 05

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	√	☐	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√	☐	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):
Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 100%

Lampiran 7

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: September 2017

Author: Winda Arfian S., Rosa Delima E., Agus Sarwo Prayogi. Year:2017 Record Number : 06

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	√	☐	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	☐	√	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):

Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 88,8%

Lampiran 8

JBI CRITICAL APPRAISAL CHECKLIST FOR RANDOMIZED CONTROLLED TRIALS

Reviewer : Indira Marga K.W. Date : 23 November 2014

Author : Mohammad Reza Afazel, Ehzan J, Zohre S, Hossein M. Record Number : 07
Year : 2014

		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	√	☐	☐	☐
2.	Was allocation to treatment groups concealed?	√	☐	☐	☐
3.	Were treatment groups similar at the baseline?	√	☐	☐	☐
4.	Were participants blind to treatment assignment?	√	☐	☐	☐
5.	Were those delivering treatment blind to treatment assignment?	√	☐	☐	☐
6.	Were outcomes assessors blind to treatment assignment?	√	☐	☐	☐
7.	Were treatment groups treated identically other than the intervention of interest?	√	☐	☐	☐
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
9.	Were participants analyzed in the groups to which they were randomized?	√	☐	☐	☐
10.	Were outcomes measured in the same way for treatment groups?	√	☐	☐	☐
11.	Were outcomes measured in a reliable way?	√	☐	☐	☐
12.	Was appropriate statistical analysis used?	√	☐	☐	☐
13.	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion)
Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 100%

Lampiran 9

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: -

Author: Farida Aini & Yuliaji Sisiwanto Year: 2018 Record Number : 08

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	√	☐	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	☐	√	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):
Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 88,8%

Lampiran 10

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: -

Author: Ari Wijayanto & Taufik Year: 2013 Record Number: 09

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	√	☐	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	☐	√	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):

Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 88,8%

Lampiran 11

JBI CRITICAL APPRAISAL CHECKLIST FOR QUASI-EXPERIMENTAL STUDIES

Reviewer: Indira Marga K.W. Date: 29 September 2017

Author: Teti Nurhasanah, Ali Hamzah Year: 2017 Record Number: 10

	Yes	No	Unclear	Not applicable
1. Is it clear in the study what is the 'cause' and what is the 'effect' (i.e. there is no confusion about which variable comes first)?	√	☐	☐	☐
2. Were the participants included in any comparisons similar?	√	☐	☐	☐
3. Were the participants included in any comparisons receiving similar treatment/care, other than the exposure or intervention of interest?	√	☐	☐	☐
4. Was there a control group?	☐	√	☐	☐
5. Were there multiple measurements of the outcome both pre and post the intervention/exposure?	√	☐	☐	☐
6. Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	√	☐	☐	☐
7. Were the outcomes of participants included in any comparisons measured in the same way?	√	☐	☐	☐
8. Were outcomes measured in a reliable way?	√	☐	☐	☐
9. Was appropriate statistical analysis used?	√	☐	☐	☐

Overall appraisal: Include √ Exclude ☐ Seek further info ☐

Comments (Including reason for exclusion):

Artikel ini dapat dimasukkan ke dalam kriteria inklusi dengan nilai keseluruhan 88,8%

Lampiran 12

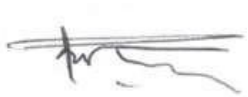
LEMBAR BIMBINGAN PROPOSAL SKRIPSI
Nama mahasiswa : Indira Marga K.W.
NIM : P17211174041
Nama pembimbing I :Tavip Dwi Wahyuni, S.Kep, Ns, M.Kes.

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
1.	2 Oktober 2020	1. Penentuan rencana awal 2. Pengarahan untuk mencari sumber literature 3. Menentukan tema penelitian	
2.	14 Oktober 2020	1. Mengubah judul penelitian 2. BAB I Memperbaiki latar belakang, rumusan masalah, tujuan	
3.	21 November 2020	1. BAB II Memperbaiki kerangka konsep 2. BAB III Memperbaiki penulisan daftar pustaka	
4.	5 November 2020	1. BAB II Memperbaiki penulisan sub bab teori 2. BAB III Merapihkan daftar pustaka	
5.	3 Januari 2021	1. Merapikan daftar isi 2. Merapikan etika penulisan sesuai buku panduan	
6.	5 Januari 2021	Acc seminar proposal	

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
7.	29 Mei 2021	Konsul Bab IV dan V 1. Mengatur format penulisan 2. Mengganti jurnal yang sesuai dengan topik bahasan	
8.	4 Juni 2021	1. Merevisi pembasahan 2. menyesuaikan kesimpulan dengan tujuan khusus	
9.	8 Juni 2021	1. Acc Bab IV & V 2. Lanjut membuat abstrak	
10	15 Juni 2021	1. Acc Abstrak 2. Acc seminar hasil dengn memperbaiki penulisan kesimpulan.	
11.	12 Juli 2021	1. memperbaiki format penulisan 2. merapihkan tujuan khusus 3. merapihkan abstrak	
12.	13 Juli 2021	1. ACC seminar hasil	

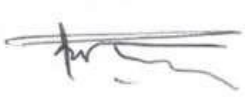
Lampiran 13

LEMBAR BIMBINGAN PROPOSAL SKRIPSI
Nama mahasiswa : INDIRA MARGA K.W.
NIM : P17211174041
Nama pembimbing II : Dr. Tri Anjaswarni, S.Kp.,M.Kep

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
1.	2 Oktober 2020	Penentuan rencana jadwal, dan penentuan tema	
2.	23 Oktober 2020	Penerapan Mendeley, paparan pendahuluan dan rumusan masalah	
3.	18 November 2020	Memperbaiki penulisan judul BAB I 1. Memperbaiki penulisan latarbelakang 2. Memperbaiki rumusan masalah, tujuan penulisan dan manfaat penulisan	
4.	8 Januari 2021	- Memperbaiki cover - Menambahkan lembar persetujuan & pengesahan, kata pengantar, daftar isi BAB I 1. Memperbaiki tujuan khusus dan manfaat. BAB II 1. Memperbaiki konsep teori anastesi 2. Menambahkan referensi 3. Memperbaiki konsep teori berkemih	

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
		4. Menghapus kerangka teori dan hipotesis BAB III 1. Memperbaiki penulisan bab III 2. Memperbaiki penulisan referensi 3. Menghapus variabel penelitian, penyajian data dan analisa data Memperbaiki penulisan daftar pustaka.	
5.	10 Januari 2020	- Memperbaiki penulisan lembar persetujuan & pengesahan - Memperbaiki daftar isi BAB I 1. Memperbaiki penulisan referensi BAB II 1. Memperbaiki penulisan subbab teori 2. Memperbaiki konsep teori berkemih (faktor berkemih, perubahan pola berkemih) BAB III 1. Memperbaiki desain penelitian 2. Memperbaiki kriteria inklusi dan ekslusi penelitian 3. Memperbaiki diagram flow *literatur review* 4. Menambahkan rencana penyajian hasil *literatur review*	

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
6.	13 Januari 2020	- Memperbaiki sebutan untuk penguji, pembimbing utama dan pembimbing pendamping BAB II 3. Memperbaiki sub bab faktor-faktor berkemih agar lebih fokus terhadap faktor yang mempengaruhi berkemih pasca operasi 4. Memperbaiki sub bab teori perubahan pola berkemih pasca operasi BAB III 1. Memperbaiki desain penelitian 2. Memperbaiki rencana penyajian hasil literature	
7	20 Januari 2021	1. ACC seminar proposal dengan memperbaiki penulisan rujukan 2. Persetujuan ujian seminar proposal	
8.	13 Juni 2021	1. Penjelasan penyajian hasil di Bab IV & V 2. Revisi Bab IV & V	
9.	21 juni 2021	1. Memperbaiki tujuan umum dan tujuan khusus 2. memperbaiki seleksi studi 3. memperbaiki format penulisan 4. menambahkan rekap table uji kualitas 5.memperbaiki kolom penyajian jurnal 6. memperbaiki bab IV & V	

NO	TANGGAL	REKOMENDASI PEMBIMBING	TANDA TANGAN PEMBIMBING
		7. memperbaiki kesimpulan dan saran 8. membuat abstrak	
10.	2 juli 2021	1. memperbaiki abstrak 2. memperbaiki kolom penyajian studi 3. memperbaiki karakteristik studi dan responden studi 4. memperbaiki paparan hasil 5. memperbaiki pembahasan 6. Memperbaiki kesimpulan	
11.	10 juli 2021	1. memperbaiki penulisan judul 2. memperbaiki asbtrak 3. melengkapi POA 4. ACC sidang hasil 5. persetujuan ujian seminar hasil