

## DAFTAR ISI

|   |                                     |
|---|-------------------------------------|
| <b>HALAMAN JUDUL</b> .....                        | <b>i</b>                            |
| <b>HALAMAN SAMBUNG DALAM</b> .....                | <b>Error! Bookmark not defined.</b> |
| <b>PERNYATAAN KEASLIAN TULISAN</b> .....          | <b>Error! Bookmark not defined.</b> |
| <b>LEMBAR PERSETUJUAN</b> .....                   | <b>Error! Bookmark not defined.</b> |
| <b>LEMBAR PENGESAHAN</b> .....                    | <b>Error! Bookmark not defined.</b> |
| <b>KATA PENGANTAR</b> .....                       | <b>Error! Bookmark not defined.</b> |
| <b>ABSTRAK</b> .....                              | <b>Error! Bookmark not defined.</b> |
| <b>ABSTRACT</b> .....                             | <b>Error! Bookmark not defined.</b> |
| <b>DAFTAR ISI</b> .....                           | <b>1</b>                            |
| <b>DAFTAR TABEL</b> .....                         | <b>Error! Bookmark not defined.</b> |
| <b>DAFTAR GAMBAR</b> .....                        | <b>Error! Bookmark not defined.</b> |
| <b>DAFTAR LAMPIRAN</b> .....                      | <b>Error! Bookmark not defined.</b> |
| <b>DAFTAR SINGKATAN</b> .....                     | <b>Error! Bookmark not defined.</b> |
| <b>BAB 1 PENDAHULUAN</b> .....                    | <b>Error! Bookmark not defined.</b> |
| 1.1 Latar Belakang .....                          | <b>Error! Bookmark not defined.</b> |
| 1.2 Rumusan Masalah .....                         | <b>Error! Bookmark not defined.</b> |
| 1.3 Tujuan Penulisan.....                         | <b>Error! Bookmark not defined.</b> |
| 1.4 Manfaat Penulisan.....                        | <b>Error! Bookmark not defined.</b> |
| <b>BAB 2 TINJAUAN PUSTAKA</b> .....               | <b>Error! Bookmark not defined.</b> |
| 2.1 Konsep Diabetes Mellitus .....                | <b>Error! Bookmark not defined.</b> |
| 2.1.1 Pengertian Diabetes Mellitus .....          | <b>Error! Bookmark not defined.</b> |
| 2.1.2 Klasifikasi Diabetes Mellitus .....         | <b>Error! Bookmark not defined.</b> |
| 2.1.3 Manifestasi Klinis Diabetes Mellitus .....  | <b>Error! Bookmark not defined.</b> |
| 2.1.4 Patofisiologi Diabetes Mellitus Tipe 2..... | <b>Error! Bookmark not defined.</b> |
| 2.1.5 Faktor Resiko Diabetes Mellitus Tipe 2..... | <b>Error! Bookmark not defined.</b> |
| 2.1.6 Diagnosis Diabetes Mellitus .....           | <b>Error! Bookmark not defined.</b> |
| 2.1.7 Komplikasi Diabetes Mellitus.....           | <b>Error! Bookmark not defined.</b> |
| 2.1.8 Penatalaksanaan Diabetes Mellitus .....     | <b>Error! Bookmark not defined.</b> |
| 2.2 Konsep Neuropati Diabetik.....                | <b>Error! Bookmark not defined.</b> |
| 2.2.1 Pengertian Neuropati Diabetik.....          | <b>Error! Bookmark not defined.</b> |
| 2.2.2 Faktor Resiko Neuropati Diabetik .....      | <b>Error! Bookmark not defined.</b> |
| 2.2.3 Gejala Klinis Neuropati Diabetik.....       | <b>Error! Bookmark not defined.</b> |
| 2.2.4 Penilaian Neuropati Diabetik .....          | <b>Error! Bookmark not defined.</b> |

|   |                                     |
|---|-------------------------------------|
| 2.3 Konsep <i>Capillary Refill Time</i> (CRT) .....   | <b>Error! Bookmark not defined.</b> |
| 2.3.1 Pengertian CRT.....   | <b>Error! Bookmark not defined.</b> |
| 2.3.2 Tujuan pemantauan CRT .....   | <b>Error! Bookmark not defined.</b> |
| 2.3.3 Prosedur pemeriksaan CRT .....  | <b>Error! Bookmark not defined.</b> |
| 2.4 Konsep Senam Kaki Diabetes .....  | <b>Error! Bookmark not defined.</b> |
| 2.4.1 Pengertian Senam Kaki Diabetes .....  | <b>Error! Bookmark not defined.</b> |
| 2.4.2 Manfaat Senam Kaki Diabetes Melitus.....  | <b>Error! Bookmark not defined.</b> |
| 2.4.3 Indikasi dan Kontraindikasi Senam Kaki Diabetes..   | <b>Error! Bookmark not defined.</b> |
| 2.4.4 Prosedur Senam Kaki Diabetes menggunakan bola plastik .....   | <b>Error! Bookmark not defined.</b> |
| 2.5 Jurnal Penelitian Terdahulu .....   | <b>Error! Bookmark not defined.</b> |
| 2.6 Pohon Masalah.....  | <b>Error! Bookmark not defined.</b> |
| 2.7 Pengaruh Senam Kaki Diabetes menggunakan bola plastik terhadap neuropati diabetik dan <i>capillary refill time</i> pada penderita Diabetes Mellitus Tipe 2 .. | <b>Error! Bookmark not defined.</b> |
| 2.8 Kerangka Konseptual .....   | <b>Error! Bookmark not defined.</b> |
| 2.9 Hipotesis .....   | <b>Error! Bookmark not defined.</b> |
| <b>BAB 3 METODE PENELITIAN.....</b>   | <b>Error! Bookmark not defined.</b> |
| 3.1 Rancangan Penelitian .....  | <b>Error! Bookmark not defined.</b> |
| 3.2 Populasi, Sampel, dan Sampling.....   | <b>Error! Bookmark not defined.</b> |
| 3.3 Variabel Penelitian .....   | <b>Error! Bookmark not defined.</b> |
| 3.4 Definisi Operasional.....   | <b>Error! Bookmark not defined.</b> |
| 3.5 Instrument Penelitian .....   | <b>Error! Bookmark not defined.</b> |
| 3.6 Tempat dan Waktu Penelitian .....   | <b>Error! Bookmark not defined.</b> |
| 3.7 Pengumpulan Data .....  | <b>Error! Bookmark not defined.</b> |
| 3.8 Pengolahan Data .....   | <b>Error! Bookmark not defined.</b> |
| 3.9 Analisa dan Penyajian Data .....  | <b>Error! Bookmark not defined.</b> |
| 3.10 Etika Penelitian .....   | <b>Error! Bookmark not defined.</b> |
| <b>BAB 4 HASIL PENELITIAN DAN PEMBAHASAN .....</b>  | <b>Error! Bookmark not defined.</b> |
| 4.1 Hasil Penelitian .....  | <b>Error! Bookmark not defined.</b> |
| 4.1.1 Gambaran Umum Tempat Penelitian.....  | <b>Error! Bookmark not defined.</b> |
| 4.1.2 Data Umum.....  | <b>Error! Bookmark not defined.</b> |
| 4.1.3 Data Khusus .....   | <b>Error! Bookmark not defined.</b> |
| 4.1.4 Hasil Analisis Bivariat .....   | <b>Error! Bookmark not defined.</b> |

|   |                                     |
|---|-------------------------------------|
| 4.2 Pembahasan.....   | <b>Error! Bookmark not defined.</b> |
| 4.2.1 Identifikasi Neuropati Diabetik Sebelum diberikan Senam Kaki Diabetes menggunakan bola plastik pada penderita Diabetes Mellitus Tipe 2.....           | <b>Error! Bookmark not defined.</b> |
| 4.2.2 Identifikasi <i>Capillary Refill Time</i> Sebelum diberikan senam kaki diabetes menggunakan bola plastik pada penderita Diabetes Mellitus Tipe 2..... | <b>Error! Bookmark not defined.</b> |
| 4.2.3 Identifikasi Neuropati Diabetik Sesudah diberikan Senam Kaki Diabetes menggunakan bola plastik pada penderita Diabetes Mellitus Tipe 2.....           | <b>Error! Bookmark not defined.</b> |
| 4.2.4 Identifikasi <i>Capillary Refill Time</i> Sesudah diberikan senam kaki diabetes menggunakan bola plastik pada penderita Diabetes Mellitus Tipe 2..... | <b>Error! Bookmark not defined.</b> |
| 4.2.5 Analisis Pengaruh Senam Kaki Diabetes menggunakan bola plastik terhadap Neuropati Diabetik pada penderita Diabetes Mellitus Tipe 2 .....              | <b>Error! Bookmark not defined.</b> |
| 4.2.6 Analisis Pengaruh Senam Kaki Diabetes menggunakan bola plastik terhadap <i>Capillary Refill Time</i> pada penderita Diabetes Mellitus Tipe 2 .....    | <b>Error! Bookmark not defined.</b> |
| 4.3 Keterbatasan Penelitian.....  | <b>Error! Bookmark not defined.</b> |
| <b>BAB 5 KESIMPULAN DAN SARAN.....</b>  | <b>Error! Bookmark not defined.</b> |
| 5.1 Kesimpulan .....  | <b>Error! Bookmark not defined.</b> |
| 5.2 Saran.....  | <b>Error! Bookmark not defined.</b> |
| <b>DAFTAR PUSTAKA.....</b>  | <b>Error! Bookmark not defined.</b> |
| <b>LAMPIRAN-LAMPIRAN .....</b>  | <b>Error! Bookmark not defined.</b> |