

ABSTRACT

PEPLAU INTERPERSONAL APPROACH IN NURSING CARE FOR MR.S WITH SOCIAL ISOLATION IN THE WORKING AREA OF BANTURHEALTH CENTER, MALANG

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Mental disorders are a condition of disruption of mental function, emotions, thoughts, will, psychomotor and verbal behavior, which is a group of clinical symptoms that are accompanied by sufferers and result in disruption of the individual's humanistic function. Social isolation is a condition where a person feels alone or has feelings of loneliness because the presence of other people is considered to show a negative and threatening attitude towards him. The aim of the research to be carried out is to analyze px's social skills using an interpersonal approach in the Bantur Malang health center work area. The research method used is a descriptive method with a case study approach. In this scientific work the author developed a standard nursing intervention by including an interpersonal model approach as one of the interventions for patients with 4 stages, namely the stages of orientation, identification, exploitation and resolution. The conclusion from this case study is that first, someone who does not work and has no income is the cause of the high rate of mental disorders. The problem of social isolation causes clients to experience difficulty socializing with neighbors, px appears restless, lacks eye contact, px appears silent when spoken to, and px is tense when questioned by the nurse. The second is intervention with an interpersonal approach with 4 stages where the activities carried out are teaching patients to socialize, and helping patients to build their self-confidence to be able to start socializing with their neighbors. The fourth is that the implementation carried out by the patient shows positive results. Fifth, the evaluation results show that the patient's ability to socialize has increased, where the patient is willing to socialize with other people and take part in group activities, not just stay at home.

Keywords : Mental disorders, social isolation, interpersonal models