

DAFTAR PUSTAKA

- Adam, A. (2019). Dinamika Pernikahan Dini. *Jurnal Kajian Perempuan, Gender Dan Agama Volume*, 13(1), 14. <https://doi.org/10.46339/al-wardah.v13i1.155>
- Badan Pusat Statistik. (2019). Statistik Pemuda Indonesia 2019. In *Badan Pusat Statuistik*. https://www.m-culture.go.th/mculture_th/download/king9/Glossary_about_HM_King_Bhumibol_Adulyadej's_Funeral.pdf
- Badan Pusat Statistik. (2020). Pencegahan Perkawinan Anak : percepatan yang tidak bisa ditunda. *Badan Pusat Statistik*, 0–44.
- Balebu, D. W., Labuan, A., Tongko, M., & Sattu, M. (2018). *HUBUNGAN PEMANFAATAN POSYANDU PRAKONSEPSI DENGAN STATUS GIZI WANITA PRAKONSEPSI DI DESA LOKUS STUNTING KABUPATEN BANGGAI*. 9, 18–26.
- Batubara, J. R. (2016). Adolescent Development (Perkembangan Remaja). *Sari Pediatri*, 12(1), 21. <https://doi.org/10.14238/sp12.1.2010.21-9>
- BKKBN. (2017a). *BKKBN : USIA PERNIKAHAN IDEAL 21-25 TAHUN*. BKKBN. <https://www.bkkbn.go.id/detailpost/bkkbn-usia-pernikahan-ideal-21-25-tahun>
- BKKBN. (2017b). Survei Demografi Dan Kesehatan. *Badan Kependudukan Dan Keluarga Berencana Nasional*, 1–606. <http://www.dhsprogram.com>.
- Bozzini, A. B., Bauer, A., Maruyama, J., Simões, R., & Matijasevich, A. (2021). Factors associated with risk behaviors in adolescence: a systematic review. *Revista Brasileira de Psiquiatria (Sao Paulo, Brazil : 1999)*, 43(2), 210–221. <https://doi.org/10.1590/1516-4446-2019-0835>
- CDC. (2020). *Preconception health*. Centers for Disease Control and Prevention. <https://www.cdc.gov/preconception/overview.html>
- Chen, M. Y., Lai, L. J., Chen, H. C., & Gaete, J. (2014). Development and validation of the short-form adolescent health promotion scale. *BMC Public Health*, 14(1), 1–9. <https://doi.org/10.1186/1471-2458-14-1106>
- Chivers, B. R., Boyle, J. A., Lang, A. Y., Teede, H. J., Moran, L. J., & Harrison, C. L. (2020). *Preconception Health and Lifestyle Behaviours of Women Planning a Pregnancy : A Cross-Sectional Study*.

- Craig, J. R., Jenkins, T. G., Carrell, D. T., & Hotaling, J. M. (2017). Obesity, male infertility, and the sperm epigenome. *Fertility and Sterility*, *107*(4), 848–859. <https://doi.org/10.1016/j.fertnstert.2017.02.115>
- Dinkes Kota Malang. (2020). Profil Kesehatan Kota Malang Tahun 2019. In *Dinas Kesehatan Kota Malang*.
- Dorney, E., & Black, K. I. (2018). *Preconception care*. *4*(7), 424–429. <https://doi.org/https://doi.org/10.31128/AJGP-02-18-4485>
- Fauziah, A. N., & Maesaroh, S. (2017). Pengaruh Umur Dan Tingkat Pendidikan Terhadap Perilaku Seks Pranikah Pada Remaja Di Rw 03 Kalurahan Mojosongo Surakarta Influence The Age And Level Education Toward Premarital Sex Behavior Of Adolescent Of Rw 3 , Mojosongo District Of SURAKARTA. *Indonesian Journal On Medical Science*, *4*(2), 202–207.
- Friedman, H. S., & Schustack, M. W. (2008). *Kepribadian Teori Klasik dan Riset Modern Jilid 1*. Erlangga.
- Glanz, K., Rimer, B. K., & Viswanath, K. (2015). *Health Behavior: Theory, Research, Practice* (5th ed.). Jossey-Bass Wiley.
- Goossens, J., & Beekman, D. (2018). *Preconception lifestyle changes in women with planned pregnancies*. *56*(April 2017), 112–120. <https://doi.org/10.1016/j.midw.2017.10.004>
- Goossens, J., Van Hecke, A., Beekman, D., & Verhaeghe, S. (2019). The intention to make preconception lifestyle changes in men: Associated socio-demographic and psychosocial factors. *Midwifery*, *73*, 8–16. <https://doi.org/10.1016/j.midw.2018.12.006>
- Goshu, Y. A., Liyeh, T. M., & Simegn Ayele, A. (2018). Preconception Care Utilization and its Associated Factors among Pregnant Women in Adet, North-Western Ethiopia (Implication of Reproductive Health). *Journal of Women's Health Care*, *07*(05). <https://doi.org/10.4172/2167-0420.1000445>
- Hemings, N., Greaves, L., & Poole, N. (2017). Preconception health care interventions: A scoping review. *Sexual and Reproductive Healthcare*, *14*, 24–32. <https://doi.org/10.1016/j.srhc.2017.08.004>
- Hiller, J., Schatz, K., & Drexler, H. (2017). Gender influence on health and risk behavior in primary prevention: a systematic review. *Journal of Public Health*

- (Germany), 25(4), 339–349. <https://doi.org/10.1007/s10389-017-0798-z>
- Hsu, W., Chiang, C., & Yang, S. (2014). The effect of individual factors on health behaviors among college students: The mediating effects of eHealth literacy. *Journal of Medical Internet Research*, 16(12). <https://doi.org/10.2196/jmir.3542>
- Kimmel, D. C., & Weiner, I. B. (2017). *Adolescence: A Developmental Transition*. International Psychotherapy Institute.
- Lang, A. Y., Boyle, J. A., Fitzgerald, G. L., Teede, H., Mazza, D., Moran, L. J., & Harrison, C. (2018). *Optimizing preconception health in women of reproductive age*. 70(1), 99–119. <https://doi.org/10.23736/S0026-4784.17.04140-5>
- Mahayanti, I., & Sriathi, A. (2017). Pengaruh Karakteristik Individu, Karakteristik Pekerjaan, Dan Karakteristik Situasi Kerja Terhadap Kepuasan Kerja Karyawan. *E-Jurnal Manajemen Universitas Udayana*, 6(4), 250058.
- Mahmudah, M., Yaunin, Y., & Lestari, Y. (2016). Faktor-Faktor yang Berhubungan dengan Perilaku Seksual Remaja di Kota Padang. *Jurnal Kesehatan Andalas*, 5(2), 448–455. <https://doi.org/10.25077/jka.v5i2.538>
- Meeus, W. (2016). Adolescent psychosocial development: A review of longitudinal models and research. *Developmental Psychology*, 52(12), 1969–1993. <https://doi.org/10.1037/dev0000243>
- Mello, S., Tan, A. S. L., Sanders-Jackson, A., & Bigman, C. A. (2019). Gender Stereotypes and Preconception Health: Men’s and Women’s Expectations of Responsibility and Intentions to Engage in Preventive Behaviors. *Maternal and Child Health Journal*, 23(4), 459–469. <https://doi.org/10.1007/s10995-018-2654-3>
- Miller, V. M., Zhu, Y., Bucher, C., McGinnis, W., Ryan, L. K., Siegel, A., & Zalcman, S. (2013). Gestational flu exposure induces changes in neurochemicals, affiliative hormones and brainstem inflammation, in addition to autism-like behaviors in mice. *Brain, Behavior, and Immunity*, 33, 153–163. <https://doi.org/10.1016/j.bbi.2013.07.002>
- Montazeri, N., Kianipour, N., & Ziapour, A. (2017). *Health Promoting Behaviors among University Students: A Case- Sectional Study of Kermanshah*

- University of Medical Sciences. June. <https://doi.org/10.22038/ijp.2017.8631>
- Notoatmodjo, S. (2010). Ilmu perilaku kesehatan. *Jakarta: Rineka Cipta*, 200, 26–35.
- Penzias, A., Bendikson, K., Butts, S., Coutifaris, C., Falcone, T., Gitlin, S., Gracia, C., Hansen, K., Jindal, S., Kalra, S., Mersereau, J., Odem, R., Paulson, R., Pfeifer, S., Pisarska, M., Rebar, R., Reindollar, R., Rosen, M., Sandlow, J., ... Vernon, M. (2018). Smoking and infertility: a committee opinion. *Fertility and Sterility*, 110(4), 611–618. <https://doi.org/10.1016/j.fertnstert.2018.06.016>
- Polat, Ü., Özen, Ş., Kahraman, B. B., & Bostano, H. (2016). *Factors Affecting Health-Promoting Behaviors in Nursing Students at a University in Turkey*. <https://doi.org/10.1177/1043659615569536>
- Rahmah, A., rezal, F., & rasma, R. (2017). Perilaku Konsumsi Serat Pada Mahasiswa Angkatan 2013 Fakultas Kesehatan Masyarakat Universitas Halu Oleo Tahun 2017. *Jurnal Ilmiah Mahasiswa Kesehatan Masyarakat Unsyiah*, 2(6), 198088.
- Robinson, D. P., & Klein, S. L. (2012). Pregnancy and pregnancy-associated hormones alter immune responses and disease pathogenesis. *Hormones and Behavior*, 62(3), 263–271. <https://doi.org/10.1016/j.yhbeh.2012.02.023>
- Salsabila. (2019). HUBUNGAN KEMATANGAN EMOSI DENGAN KESIAPAN MENIKAH DI USIA EMERGING ADULTHOOD PADA PEREMPUAN BERETNIS ARAB. *Jurnal Ilmiah Mahasiswa Universitas Surabaya*, 8(1), 1617–1628.
- Sari, N. K., Rahayujati, T. B., & Hakimi, M. (2018). Kasus Hipertensi pada Kehamilan di Indonesia. *Berita Kedokteran Masyarakat*, 32(9), 295. <https://doi.org/10.22146/bkm.12414>
- Schmidt, L. (2018). *RISK PREFERENCES AND THE TIMING OF MARRIAGE AND CHILDBEARING* *. 45(2), 439–460.
- Setiono, B. A. (2016). Pengaruh Budaya Organisasi , Karakteristik Individu , Karakteristik Pekerjaan Terhadap Kinerja Karyawan PT . Pelindo III Surabaya (Influence of Organizational Culture , Individual Characteristics , Job Characteristics on Employee Performance PT . Pelindo. *Aplikasi Pelayaran Dan Pelabuhanan*, 6(2), 128–146.

- Shawe, J., Patel, D., Joy, M., Howden, B., Barrett, G., & Stephenson, J. (2019). Preparation for fatherhood: A survey of men's preconception health knowledge and behaviour in England. *PLoS ONE*, *14*(3), 1–18. <https://doi.org/10.1371/journal.pone.0213897>
- Siahaan, G., Widajanti, L., & Aruben, R. (2017). Hubungan Sosial Ekonomi Dan Asupan Zat Gizi Dengan Kejadian Kurang Energi Kronik (Kek) Pada Ibu Hamil Di Wilayah Puskesmas Sei Jang Kecamatan Bukit Bestari Kota Tanjung Pinang Tahun 2016. *Jurnal Kesehatan Masyarakat Universitas Diponegoro*, *5*(3), 138–147.
- Starbird, E., & Norton, M. (2020). *Investing in Family Planning : Key to Achieving the Sustainable Development Goals*. *4*(2), 191–210.
- Stephenson, J., Heslehurst, N., Hall, J., Schoenaker, D. A. J. M., Hutchinson, J., Cade, J. E., Poston, L., Barrett, G., Crozier, S. R., Barker, M., Kumaran, K., Yajnik, C. S., Baird, J., & Mishra, G. D. (2018). Before the beginning: nutrition and lifestyle in the preconception period and its importance for future health. *The Lancet*, *391*(10132), 1830–1841. [https://doi.org/10.1016/S0140-6736\(18\)30311-8](https://doi.org/10.1016/S0140-6736(18)30311-8)
- Suarni, L., Fitarina, F., & Aliyanto, W. (2020). Faktor yang Berpengaruh pada Perilaku Seksual Remaja di Perkotaan dan Pedesaan. *Jurnal Kesehatan*, *11*(3), 457. <https://doi.org/10.26630/jk.v11i3.2345>
- Sugiyono. (2017). *Metode Penelitian Kuantitatif, Kualitatif, dan R&D*. CV. Alfabeta.
- Timotius, K. H. (2018). *Otak dan Perilaku*. ANDI. https://books.google.co.id/books?hl=id&lr=&id=y0JRDwAAQBAJ&oi=fnd&pg=PA1&dq=perilaku&ots=dt7gH8ucSF&sig=_ELE9uxwYVxPjAmJf2rPi3JJBv8&redir_esc=y#v=onepage&q=perilaku&f=false
- Toivonen, K. I., Oinonen, K. A., & Duchene, K. M. (2017). Preconception health behaviours: A scoping review. *Preventive Medicine*, *96*, 1–15. <https://doi.org/10.1016/j.ypmed.2016.11.022>
- Tri, E., Subaktilah, Y., & Elisanti, A. D. (2020). *FAKTOR-FAKTOR YANG BERHUBUNGAN DENGAN PERILAKU KESEHATAN REPRODUKSI PADA REMAJA DI SMAN 110 JAKARTA*. *8*(1), 53–61.

- Ulfa, S. A., & Syafrizaldi. (2017). Perbedaan Kematangan Emosi Ditinjau dari Jenis Kelamin pada Remaja di SMAS Sinar Husni Medan. *Jurnal Diversita*, 3(2), 33. <https://doi.org/10.31289/diversita.v3i2.1268>
- Walker, S. N., Sechrist, K. R., & Pender, N. J. (1990). *HPLP-II questionnaire*. 1–5. http://ijwhr.net/pdf/pdf_IJWHR_191_supp.pdf
- Wardani, E. M., & Septianingrum, Y. (2018). Pada Hubungan Antara Persepsi, Jenis Kelamin, Status Tempat Tinggal, Status Orang Tua Dengan Perilaku Penyalahgunaan Napza Pada Kelas Xi Di Smk Darul Huda Sidoarjo. *Medical and Health Science Journal*, 2(2), 39–46. <https://doi.org/10.33086/mhsj.v2i2.586>
- WHO. (2013). Preconception care: Maximizing the gains for maternal and child health. *WHO*, 37(2), 409–423.
- WHO. (2018). *Handout for Module A Introduction*.
- Wilson, R. D. (2018). Woman's Pre-Conception Evaluation: Genetic and Fetal Risk Considerations for Counselling and Informed Choice. *Journal of Obstetrics and Gynaecology Canada*, 40(7), 935–949. <https://doi.org/10.1016/j.jogc.2017.07.024>
- Wylie, A., Sundaram, R., Kus, C., Ghassabian, A., & Yeung, E. H. (2015). *Maternal Prepregnancy Obesity and Achievement of Infant Motor Developmental Milestones in the Upstate KIDS Study*. 23(4), 907–913. <https://doi.org/10.1002/oby.21040>
- Yang, S. (2018). *SES, Dietary and Lifestyle Habits, and Three Health-Related Dimensions*. 103–120. https://doi.org/10.1007/978-981-10-6629-0_7

