

## **ABSTRACT**

**Sahari, Dessy Abrillia. 2024. Analysis of Factors Affecting the Level of Adolescent Empowerment on Reproductive Health at SMA Negeri 1 Kepanjen. Thesis. Bachelor of Applied Midwifery Study Program Malang. Health Polytechnic of the Ministry of Health Malang. Main Supervisor: Rita Yulifah, S.Kp., M.Kes. Co-Supervisor: Dwi Yuliawati, S.ST., M.Keb.**

*Adolescence is the phase of life between childhood and adulthood, from the age of 10 - 19 years. This period is the most important period for reproductive life, because at that time they begin to experience changes both hormonally, physically, psychologically and socially. Adolescents as the next generation of the nation are vulnerable to deviant reproductive health behavior, which will have impacts such as sexually transmitted diseases, unwanted pregnancy, early marriage, abortion and dropping out of school. The purpose of this study is to analyze the factors that influence the level of empowerment of adolescents about reproductive health. The type of research used is descriptive analytic with a cross sectional approach. The population in this study were adolescent girls in class XI at SMA Negeri 1 Kepanjen, with a sample size of 75 respondents taken with proportional random sampling technique. Data collection method by filling out a questionnaire. Univariate data analysis with frequency distribution and multivariate using multiple linear regression test. The 95% confidence interval with a meaning limit of  $p < 0.05$ . The results showed that using multiple linear regression tests showed a  $p$  value of  $0.000 < 0.05$ , meaning that there was a significant influence between the role of teachers, the role of parents and the role of peers on adolescent empowerment about reproductive health. The researcher concluded that the more sources of information obtained by adolescents from various sources and the more often adolescents apply reproductive health behaviors, the more able adolescents will be to empower themselves.*

**Keywords: Factors, Influencing, Adolescent Empowerment Level, Reproductive Health**